

# FACULTY OF ARTS & SOCIAL SCIENCES

## SYLLABUS

### FOR

### M. PHIL. (Psychology)

### (SEMESTER: I TO II)

(Under Credit Based Continuous Evaluation Grading System)

Examinations: 2014-15



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# GURU NANAK DEV UNIVERSITY

# AMRITSAR

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M. Phil Psychology  
(Under Credit Based Continuous Evaluation Grading System)

**SCHEME OF COURSES FOR M. PHIL IN PSYCHOLOGY**

**Semester-I**

<b>Course No.</b>	<b>C/E *</b>	<b>Course Title</b>	<b>Credits</b>
PYL 651	C	Research Methodology	3
PYL 652	E	Trends in Personality Studies	3
PYL 653	E	Work Motivation	3
PYL 654	E	Intelligence	3
PYL 655	E	Contemporary Psychosocial Issues in Adolescence	3
PYL 656	E	Psychology of Aggression	3
PYP 657	E	Behaviour Modification	3

‘\*’ C Means Core and E Means Elective.

**Note:** Course No. PYL 651 is Compulsory. The candidate has to take maximum of three more courses forms the test of Elective (E) papers from the above. In addition the candidate has also to take at least one interdisciplinary course of three credits.

**In addition the candidate has to submitted a Dissertation which is mandatory and will be evaluated as Satisfactory or Unsatisfactory as per university rules.**

**Semester-II**

PYS 660	C	Seminar	Evaluation: Satisfactory or Unsatisfactory	1
			<b>Total Credits for Sem-I &amp;II</b>	<b>12+1=13</b>

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SEMESTER-I

**PYL 651: Research Methodology**

**Credits : 3**

**Unit-I**

**Correlation:** Nature and Applications of Partial correlation, Nature, Assumptions and Applications of Multiple Correlation.

**Multiple Regression Analysis:** Concept of regression and prediction, obtaining Beta Weights, The regression equations and its interpretation, Testing significance of predictors (S. E. and ratio), Application and Limitations.

**Unit-II**

**Functional Discriminant Analysis:** Concept and Uses, Obtaining Discriminant Function scores, Testing significance of Discriminant functions, Classification on the basis of Discriminant function scores, Problems of misclassifications.

**Unit-III**

**APA Guidelines for research report writing.** Structure of a research report: Titles page, Abstract, Introduction, objectives.

**Review of Literature:** Need and Sources. Correct method of reviewing literature and reference writing. Metaanalysis: Introductions and uses in research.

**Introduction to Statistical Package for Social Sciences.** Presenting data in tables and figures. Interpretation of SPSS outputs of different univariate, bivariate and multivariate analysis.

**Readings:**

1. Chansarsar, B. A. ( 1987) Applied Multivariate Analysis. Bombay Himalay, Publishing House.
2. Eaton Morris, L. ( 1983) Multivariate Statistics: A Vector Space Approach. New York, Johan Willey.
3. Gorsudch, Richard. (1974) Factor Analysis London, W. B. Saunders Co.
4. Johnson, Richard A. & Dean W. Wichern. (1996) Applied Multivariable Statistical Analysis. New Delhi, Prentice Hall of India.
5. Thomkike, Robert, M. (1978) Correlational Procedures for Research. New York, Gardner Press.

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SEMESTER-I

**PYL 652: Trends in Personality Studies**

**Credits : 3**

**Unit-I**

**Self Concept:** Concept, measurement and Issues. Current status.

**Sensation Seeking:** Concept, measurement and Issues. current status.

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**Unit-II**

**Perceived Control:** Concept, measurement and Issues. current status

**Cognitive Styles:** Concept, measurement and Issues. Current status

**Unit-III**

**Temperament:** Concept, measurement and Issues. Current status

**Hardiness:** Concept, measurement and Issues. Current status

**Readings:**

1. Brody, N. (1988) Personality in Search of Individuality Academic. Press Inc., New York.
2. Burger. J. M. (2000) Personality (5<sup>th</sup> Edition) Wadsworth, CA.
3. Pervin, L. A. & John, O.P. (1997) Personality (7<sup>th</sup> Edition), John Wiley & Sons, Inc.
4. Schwarer Ralf (1992) Self Efficacy: Thought Control of Action.

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SEMESTER-I

**PYL 653: Work Motivation**

**Credits : 3**

**Unit-I**

**Work Motivation:** Nature, Significance and Development of work motivation.

Historical perspective.

**Psychological Theories Current Research**

**Need Theories:** Maslow's Need Hierarchy Theory, Herzberg's, Two- factor theory, Alderfer's ERG Theory; Mclelland's Theory of Need for achievement, Affiliation and Power.

**Cognitive Theories:** Cognitive Theories–Vroom's Expectancy Theory, Adam's Equity Theory, and Locke's Goal Setting Theory.

**Reinforcement Theories:** The reinforcement model, Behaviour modification and social learning theory.

**Unit-II**

**Motivation Enhancement Techniques**

Management by objectives, Employee Involvement Programs, Employee, Recognition programs; Job Resign and Scheduling Programs and Variable pay programs.

**Unit-III**

**Measurement of Job motivation, Job involvement and commitment.**

**Readings:**

1. Furnham, A. (1997). The Psychology of Behaviour at Work Psychology. Press Publishers, UK.
2. Jewell, L.N. & Siegall, M. (1990). Contemporary Industrial/Organizational Psychology. West Publishing Company, New York,

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3. Lawson, R.B. & Shen Zheng (1998). Organizational Psychology: Foundations and Applications, Oxford University Press.
4. Mc Cormick, E.J. and Illgen, D.R. (1984). Industrial Psychology, New-Delhi, Prentice Hall of India.
5. Miller, D.S. and Stephan, E.C. (1989). Human Relations: A Contemporary Approach. Hane Wood, Erwin.
6. Miner, J.B. (1992). Industrial and Organizational Psychology. Mc Graw Hill International Editions, New- Delhi.
7. Muchinsky, P.M. (2000) Psychology Applied to Work; An Introduction to Industrial Organisational Psychology, Thomson Asia Ltd. India Representative Office, Mumbai.
8. Spector, P.E. (2003). Industrial/Organisational Psychology Research and Practice. John Wiley and Sons, USA.
9. Robbins, S.R. and Sanghi (2004) Organisational Behaviour. Pearson Education Press.

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SEMESTER-I

**PYL 654: Intelligence**

**Credits : 3**

**Unit-I**

**Theories:** Issues and current status.

- (i) Group factor theories: Hierarchy, primary and second order factors.
- (ii) Facet Theories
- (iii) Biological theories
- (iv) Piaget's theory

**Unit-II**

**Nature. Factory Analysis Based Theories of Intelligence:** Spearman, Thurstone, Cattell. and Guilford. Issues and current status.

**Theories of Intelligence:** Piaget, Sternberg, Jensen and Gardner. Emotional Intelligence Issues and current status.

**Unit-III**

Factors and different approaches to intellectual development.  
Measurement and methodological problems.  
Chronometric analysis of intelligence.

**Readings:**

1. Anderson, Kike. (1972). Intelligence and Development : A Cognitive Theory Oxford, Blackwell.
2. Brody, E. B. & Brody, N. (1976). Intelligence: Nature, Determinants and Consequences. New York, Academic Press.
3. Guilford, J. P. (1967). The Nature of Human Intelligence, New York, McGraw Hill.
4. Jenson, A. R. (1930). Bias in Mental Testing London, Methnen & Co.

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SEMESTER-I

**PYL 655: Contemporary Psychosocial Issues in Adolescence**

**Credits : 3**

**Unit-I**

**Adolescence:** Introduction, Significance of studying adolescents development  
**Psycho Social Development During Adolescence:** Issues of Identity and Autonomy.

**Unit-II**

**Psychosocial Development During Adolescence:** Issues of Intimacy and Achievement.

**The Contexts of Adolescence:** Families, Peer Groups, School.

**Unit-III**

Psycho Social Problems in Adolescence.

**Readings:**

1. Dusek , J. B. (1987) Adolescent Development and Behaviour Prentice Hall, New Jersey.
2. Newman, B. N. & Newman, P.R. (1979) An Introduction to the Psychology of Adolescence. Dorsey Press, Illinois.
3. Steinbeg, L. (1987) Adolescence. McGraw Hill Inc., Boston.



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SEMESTER-I

**PYL 656: Psychology of Aggression**

**Credits : 3**

**Unit-I**

**Basis Issues:** Anger, Aggression and hostility the problems of defining aggression, Animal v/s human aggression, causes of aggression, Aversive conditions and symbolic presentations, Recent trends and current researches in aggression.

**Theories of Aggression:** Psychodynamic Theories, learning Theories, Social Learning Theories, Trait Theories, Media and aggression.

**Unit-II**

**Measurement of Aggression:** Direct verbal measures of aggression, Projective measures of aggression, Mixed measures of aggression, Disguised measures of aggression.

**Control of Aggression:** Biological, Psychological and Socio-cultural steps to control aggression, Lorenz Ethological approaches to control aggression.

**Unit-III**

**Hostility:** Difference between anger, aggression and hostility, concept of hostility, measurement of hostility (objective and Projective measures) Theoretical considerations, Psychological correlates of hostility. Recent trends and current researches in hostility.

**Readings:**

1. Berkowitz. D. (1962) Aggression: A Social Psychology Analysis. New York, McGraw-Hill Book Company.
2. Buss, A. H. (1961). The Psychology of Aggression, New York, John Wiley & Sons.
3. Myers, David G. Social Psychology, McGraw Hill.
4. Ranfrew John W. (1997) Aggression and its causes A Bio-Psychological Approach, Oxford University Press.

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**PYL 657: Behaviour Modification**

**Credits : 3**

**Unit-I**

**Introduction to Behaviour modification:** Characteristics and historical development of Behaviour modification.

**Models of Behaviour Modification:** Medical, Intra psychic, Behavioural and cognitive.

**Unit-II**

**Basic procedures and Techniques:** Systematic desensitization, Relaxation, Conditioning, Self-Control, Cognitive Behaviour Modification.

**Unit-III**

Application of Behaviour modification in the management of anxiety, depression, obesity and in classroom situations.

Evaluation of Current trends and future directions in behaviour modification, Ethical issues in behaviour modification.

**Readings:**

1. Craighead, W.E. Kazdin, A.E. and Mahoney, M.J. (1976). Behaviour Modification: Principles Issues and Application. Houghton Mifflin Company Boston: Atlanta.
2. Hersen, M., Eisler, R.M. Miller, P.M. (1975). Progress in Bheaviour Modification. Academic Press; New York.
3. Matthews, G. and Deary, I.M. (1999). Personality Traits. Cambridge. University Press, London.
- 4.. Rubin, R.D., Brady, J. P. and Henderson, J.D. (1973). Advances in Behaviour Modification. Academic Press, New York.
5. Yates, A.J.(1975). Theory and Practice in Behaviour Therapy. John Wiley & Sons, New York.