FACULTY OF ARTS & SOCIAL SCIENCES

SYLLABUS

FOR

M. A. PSYCHOLOGY (CBCEGS)
(SEMESTER: I - IV)

Examinations: 2017-18

GURU NANAK DEV UNIVERSITY
AMRITSAR

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(ii) Subject to change in the syllabi at any time.
  Please visit the University website time to time.
## Scheme

### Semester-I

<table>
<thead>
<tr>
<th>Course No.</th>
<th>C/E *</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PYL 401</td>
<td>C</td>
<td>Experimental Psychology-I</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Learning and Memory)</td>
<td></td>
</tr>
<tr>
<td>PYL 402</td>
<td>C</td>
<td>Social Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PYL 403</td>
<td>C</td>
<td>Statistical Techniques in Psychology</td>
<td>4</td>
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<tr>
<td>PYL 404</td>
<td>C</td>
<td>Perceptual Processes</td>
<td>4</td>
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<tr>
<td>PYL 405</td>
<td>C</td>
<td>Schools of Psychology</td>
<td>2</td>
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<tr>
<td>PYL 406</td>
<td>C</td>
<td>Group Dynamics</td>
<td>2</td>
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<tr>
<td>PYP 407</td>
<td>C</td>
<td>Practicals</td>
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<td><strong>Total</strong></td>
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</table>

Note: All Papers are Compulsory.

‘*’ C Means Compulsory and E Means Elective.

### Semester-II

<table>
<thead>
<tr>
<th>Course No.</th>
<th>C/E *</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>PYL 421</td>
<td>C</td>
<td>Experimental Psychology-II</td>
<td>4</td>
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<tr>
<td></td>
<td></td>
<td>(Thinking, Problems Solving &amp; Concept Formation)</td>
<td></td>
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<tr>
<td>PYL 422</td>
<td>C</td>
<td>Approaches to Personality</td>
<td>4</td>
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<tr>
<td>PYL 423</td>
<td>C</td>
<td>Motivation</td>
<td>4</td>
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<tr>
<td>PYL 424</td>
<td>C</td>
<td>Experimental Designs In Psychology</td>
<td>4</td>
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<tr>
<td>PYL 425</td>
<td>C</td>
<td>Nervous System</td>
<td>2</td>
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<tr>
<td>PYL 428</td>
<td>C</td>
<td>Research Techniques in Physiological Psychology</td>
<td>2</td>
</tr>
<tr>
<td>PYP 427</td>
<td>C</td>
<td>Practicals</td>
<td>2</td>
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### Semester-III:

<table>
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<tr>
<th>Course No.</th>
<th>C/E*</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>PYL 441</td>
<td>C</td>
<td>Psychometrics</td>
<td>4</td>
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<tr>
<td>PYL 442</td>
<td>E</td>
<td>Organizational Psychology</td>
<td>4</td>
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<tr>
<td>PYL 443</td>
<td>E</td>
<td>Child Psychology</td>
<td>4</td>
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<tr>
<td>PYL 444</td>
<td>E</td>
<td>Counselling Psychology</td>
<td>4</td>
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<tr>
<td>PYL 445</td>
<td>E</td>
<td>Clinical Psychology</td>
<td>4</td>
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<tr>
<td>PYL 446</td>
<td>E</td>
<td>Applied Social Psychology</td>
<td>4</td>
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<tr>
<td>PYL 447</td>
<td>E</td>
<td>Cognitive Psychology</td>
<td>4</td>
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<tr>
<td>PYL 448</td>
<td>E</td>
<td>Psychology of Exceptional Children</td>
<td>4</td>
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<td>Psychological Assessment (Personality and Interests)-I</td>
<td>2</td>
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<tr>
<td>PYP 451</td>
<td>C</td>
<td>Practicals</td>
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**Note:** Papers PYL 441, PYL 450 & PYP 451 are Compulsory. In addition to the Compulsory Papers, the students will be required to select three optional papers each having 4 Credits.

‘*’ C Means Compulsory and E Means Elective.
<table>
<thead>
<tr>
<th>Course No.</th>
<th>E/C*</th>
<th>Course Title</th>
<th>Credits</th>
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<tr>
<td>PYL 461</td>
<td>C</td>
<td>Research Methodology</td>
<td>4</td>
</tr>
<tr>
<td>PYL 462</td>
<td>E</td>
<td>Industrial Psychology</td>
<td>4</td>
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<tr>
<td>PYL 463</td>
<td>E</td>
<td>Psychology of Adolescence</td>
<td>4</td>
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<tr>
<td>PYL 464</td>
<td>E</td>
<td>Health Psychology</td>
<td>4</td>
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<tr>
<td>PYL 465</td>
<td>E</td>
<td>Positive Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PYL 466</td>
<td>E</td>
<td>Intelligence and Creativity</td>
<td>4</td>
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<tr>
<td>PYL 467</td>
<td>E</td>
<td>Developmental Psychopathology</td>
<td>4</td>
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<tr>
<td>PYL 468</td>
<td>E</td>
<td>Environmental Psychology</td>
<td>4</td>
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<tr>
<td>PYL 469</td>
<td>E</td>
<td>Educational Psychology</td>
<td>4</td>
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<tr>
<td>PYL 470</td>
<td>C</td>
<td>Psychological Assessment (Intelligence, Creativity and Aptitude-II)</td>
<td>2</td>
</tr>
<tr>
<td>PYP 471</td>
<td>C</td>
<td>Pricals</td>
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**Total** 20

**Note:** Papers PYL 461, PYL 470 & PYP 471 are Compulsory. In addition to the Compulsory Papers, the students will be required to select three optional papers each having 4 Credits.

‘*’ C Means Compulsory and E Means Elective.

**M. A. PSYCHOLOGY**

*Under Credit Based System*

<table>
<thead>
<tr>
<th>Semester System</th>
<th>Credits</th>
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<tr>
<td>Semester - I</td>
<td>22</td>
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<tr>
<td>Semester - II</td>
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<tr>
<td>Semester - III</td>
<td>20</td>
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<tr>
<td>Semester - IV</td>
<td>20</td>
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</table>

**Total** 84

In addition to the 84 credits, the student is required to opt for 8 credits of inter-disciplinary papers.
UNIT-I

Theories of Learning: Hull, Pavlov, Tolman & Skinner
Verbal Learning: Methods, materials and organizational processes.

UNIT-II

Memory: Nature, types, methods and materials of memory
Serial position effect, Proactive and Retroactive theories of forgetting

UNIT-III

Neurophysiology of Learning and Bio-Chemistry of memory

Readings:

M.A. PSYCHOLOGY (SEMESTER-I) (CBCEGS)

Paper: PYL 402: SOCIAL PSYCHOLOGY

Credits: 4

UNIT-I
Socialization and Culture: Concept, agents and Mechanism of Socialization
Interpersonal Attraction: Friendship, love and marriage.
Social Facilitation and Social Impact: Conformity, compliance and obedience.

UNIT-II
Altruism & Pro Social Behaviour: Concept, nature, determinants, Theoretical Explorations of Pro-Social Behaviour
Aggression: Concept of Anger, Aggression and Hostility. Determinants, Theories of Aggression, Prevention and Control of aggression
Attitude: Concept, Nature and formation, Theories of attitude change, Measurement of Attitudes.
Stereotypes Prejudice and Discrimination

UNIT-III
Self Perception, Person Perception and Social Perception: Concept, Nature and Theories, Models of Information Integration
Attribution: Concept, cause and moral attribution, attribution for achievement.
Attribution Theories of Jones and Devis’, Kelley, Weiner, Heider’s attribution Formulation

Readings:
Paper: PYL 403 Statistical Techniques in Psychology

Credits: 4

Unit-I
Parametric Vs Non-Parametric Statistics, Scales of Measurement
Tests of Significance: t-test, z-test, chi-square test, Wilcoxon’s T-test.

Unit-II
Correlation:
Nature and types, Pearson’s Product Moment method Spearman’s Rank order correlation,
Biserial, Point-biserial, Tetrachoric and Phi-co-efficient methods.
Partial and Multiple correlation (Three Variables).
Simple and Multiple Regression (Three Variables)

Unit-III
Factor Analysis: Nature and Basic Assumptions, Principal Axis. Principal Component and Centroid methods, Problems of factor analysis, Rotation

Readings:
1. Fruchter, B. (1967) Introduction to Factor Analysis, New Delhi, East West Press,
Paper: PYL 404: PERCEPTUAL PROCESSES

Credits: 4

UNIT-I

Psychophysics
Signal Detection theory and its applications

UNIT-II

Structure and functions of eye with special reference to structure of retina
Fundamental perceptual phenomena: Scotopic and photopic vision, dark and light adaptation
Perception of form and shape.

UNIT-III

Perception of space- Spatial cues, Constancy phenomena and illusions
Perception of movement

Readings:
Paper: PYL 405  Schools of Psychology  
Credits: 2

**Unit-I**  
Emergence of Psychology as a science, Structuralism & Functionalism.

**Unit-II**  
Associationism, Behaviourism & Gestalt Psychology.

**Unit-III**  
Psychoanalytic and Humanistic Psychology

**Readings:**

UNIT-I

Concept of Group, Formation of Groups and Their Development, Theoretical Approaches to the Study of Groups.

UNIT-II

Social Facilitation and Social loafing in groups Coordination in Groups, Fairness in Groups, Decision making Processes in Groups

UNIT-III

Leadership and power

Readings:


The Board of Control will decide the list of Practicals
UNIT-I

Thinking: Nature, tools and theories (Associationism, Gestalt and Information processing) of thinking

UNIT-II

Problem Solving: Nature, stages and strategies and theories of problem solving

UNIT-III


Readings:

UNIT-I
Psychodynamic Approaches: Psychoanalytic theory-Sigmund Freud
Neo-Freudian psychoanalysis Carl Jung, Alfred Adler and Karen Horney
Life span approach-Erik Erikson

UNIT-II
Humanistic Approach: Abraham Maslow, Carl Rogers and Rollo May
Cognitive Approach: George Kelly

UNIT-III
Social Learning Approach: : Miller and Dullard, Albert Bandura and Julian Rotter
Trait Approach: Hans Eysenck , Raymond Cattell and Gordon All port.

Readings:
Motivation: Concept, characteristics, Classification and measurement.

Need Reduction Theories: Psychoanalytic (Freud), Drive (Hull, Spence, Miller and Mower).

UNIT-II

Expectancy Value: Field Theory (Lewin), Achievement (Atkinson & McClelland), Social Learning (Rotter).

Mastery and Growth: Humanistic (Maslow, Herzberg), Vroom, Porter and Lawler

UNIT-III

Neurophysiological Basis of Hunger, Thirst and Sleep.

Readings:

UNIT-I

Nature and Assumptions of ANOVA.

UNIT-II

Randomized Group and Randomized Block Designs, Latin Square and Greco Latin Square Designs.
Factorial Designs: Two way and three way ANOVA

UNIT-III

Multiple Comparison tests: Duncan's and Newmannkeuls Tests.
ANCOVA of Randomized Group Design

Readings:
M.A. PSYCHOLOGY (SEMESTER-II) (CBCEGS)

Paper: PYL 425 Nervous System

Credits: 2

Unit-I
Classification of Nervous System: Structure, Types and functions of neurons.
Structure and functions of synapse

Unit-II
Structure and Functions of Central Nervous System: limbic system, hypothalamus,
cerebral cortex and its lobes and RAS.

Unit-III
Autonomic Nervous system- Structure and functions

Readings:

   Education.
   Company Ltd.
   Publishers New York.
PYL 428 Research Techniques in Physiological Psychology

Credits: 2

Unit–I

Neuroanatomical Techniques – Histological Procedures, Tracing Neural Pathways, Study of Living Brain, Electron Microscopy, Stereotaxic Surgery

Unit–II

Electrical Stimulation and Brain Activity Recording Techniques

Unit–III

Lesion Production and Chemical Techniques

Readings:

Paper: PYP 427 Practicals

Credits: 2

The Board of Control will decide the list of Practicals
**M.A. PSYCHOLOGY (SEMESTER-III) (CBCEGS)**

**Paper: PYL 441: PSYCHOMETRICS**

Credits: 4

**UNIT-I**

**Tests:** Nature and types of Psychological tests: Classical Theory of test Scores; Item Response Theory.  
**Test Standardization and steps of test construction** - Item writing, Item Analysis - Item difficulty and Item Discrimination.

**UNIT-II**

**Validity:** - Nature and types. Factors influencing validity of test. Relationship between validity and reliability.

**UNIT-III**

**Norms:** - Nature and types of Norms. Norm - referencing Vs criterion - referencing.  
**Profiles:** - Nature and Construction of Profiles.

**Readings:**

UNIT-I

Nature and Development of Industrial and Organizational Psychology

Organizational Designs: The classical approach, Behavioural approach, sociotechnical systems approach and modern organizational designs.

Communication: Functions, Process and Types of Communication. Barriers to effective communication, Overcoming communication Barriers.

UNIT-II

Leadership: Trait and competence my Theory, Behavioural theories, Fielder’s contingency model, Hersey Blanchard’s situational model, Path Goal theory, Vroom Yetton’s normative model, Transactional versus Transformational Leadership. Emotional Intelligence and Leadership.

Decision and Making: Nature and steps in decision making Process, Types of Decision making and models of decision making. Group decision making techniques. Creativity and Decision making, Ethics in Decision making.

UNIT-III

Organizational Climate: Nature, antecedents and consequences, models of organizational climate measurement of organizational climate

Organizational change & Development: Sources of change; Resistance to change; managing change

OD Techniques: Relational Techniques (Sensitivity Training, Grid Training, Team Building, Survey feedback and Transactional Analysis) Structural Techniques (Job Redesign, MBO & Supplemental organizational Processes)
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<thead>
<tr>
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<th>Readings</th>
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</table>
M.A. PSYCHOLOGY (SEMESTER-III) (CBCEGS)

Paper: PYL 443: CHILD PSYCHOLOGY

Credits: 4

UNIT-I
Nature and principles of Development; process of Heredity; Genetic Abnormalities
Genetic Counselling

Pre-natal Development: Stages and Hazards. Physical Development in Children.

UNIT-II
Theoretical Perspectives: Freud, Erickson, Bandura, Bronfenbrenner, Piaget & Vygotsky.

UNIT-III
Development of Cognitive Processes: Attention, Perception, Memory and language
Socio-emotional Development: Attachment, Temperament, Gender-Role Socialization,
Moral Development.

Readings:

   Publishers, USA.
   Benchmark Publishers, USA.
   Associates, Chicago.
   New Delhi.
   Dubuque, Lowa
   New Delhi
   Houghton Miffin Company, USA.
    New Delhi.
UNIT-I
Concept, Historical Antecedents, Goals and Current Trends of Counselling, Ethical Issues in Counselling

UNIT-II
Theoretical Approaches: Psychoanalytic, Behaviouristic, Client Centered Therapy and Gestal Therapy

UNIT-III
Theoretical approaches: Cognitive Therapy, Cognitive Behaviour Therapy, Rational Emotive Therapy, transactional Analysis.

Readings:

M.A. PSYCHOLOGY (SEMESTER-III) (CBCEGS)

Paper: PYL 445: CLINICAL PSYCHOLOGY  Credits: 4

UNIT-I
Classification of Mental disorders (DSM and ICD)
General Etiology of Mental disorders

Psycho-diagnosis: Concept, Objectives of Psycho-diagnosis, Relationship of diagnosis and therapy;

UNIT-II

UNIT-III
Therapies: Physical Therapies, Chemical Therapies, Psychotherapies, Behaviour therapies, Cognitive Therapies, Humanistic Therapy's existential therapy's, Social & Group therapies

Readings:


Credits: 4

Unit-I


Social Change: Approaches, Factors affecting change and Resistance to Social change.

Social Integration: Concept and Measures to achieve Social Integration.

Unit-II

Poverty and Deprivation: Social Psychological analysis of poverty, consequences and explanations of poverty. The concepts of disadvantaged, deprivation and Socially deprived. Physical Social, Cultural and Economic Consequences of Disadvantaged and deprived groups. Educating and motivating the disadvantaged towards development.

Unit-III

Applying Social Psychology to the Interpersonal aspects of legal system.

Violence: Concept, Explanations, Violence in families. Terrorism and Strategies to deal with terrorism.

Psychology of Corruption

Impact of Information Technology and Communication Technology on Social Behaviour

Readings:

UNIT-I
Nature, paradigms and current status of cognitive Psychology
Attention: Information processing approach to attention.
Theories of Attention: Filter, Attenuation and Late Selection Theories
Automaticity models (Automatic V/s Controlled Processing and Feature Integration Approaches).

UNIT-II
Memory: Models of memory - Multistore, Working memory, Levels of processing and Network models
Ways of organization of memory stores

UNIT-III
Reasoning: Inductive and Deductive Reasoning
Decision Making

Readings:
UNIT-I

**Exceptional Children**: Definition, Categorization, Impairment, Disability & Handicap (Meaning), Prevention.

UNIT-II

**Children with Sensory and Motor Disabilities**: Visual and Hearing Impairments, Degrees of Impairment, Developmental Characteristics; Educational and Vocational Implications: Orthopaedically Handicapped.

UNIT-III


**Readings**:

Paper: PYL 449: Emotions

Credits: 4

Unit-I

**Emotions**: Concept, Classification, Facial Expressions and emotions.
**Theories**: James Lange, Cannon- Bard

Unit-II

**Theories of Emotions**: Papez -Mc- Clean, Lindsley’s Activation Theory, Schachter and Singer Two Factor Theory, Lazarus & Arnold and Weiner’s Attribution Theory

Unit-III

**Correlates of Emotions**: Bodily Changes during Emotions
**Neurophysiological basis of Emotions**

**Readings:**

Paper: PYL 450: Psychological Assessment (Personality and Interests)-I

Credits: 2

Unit-I

Psychometric Tests: MMPI, CPI, EPI Cattell’s 16PF, NEO Five factor Inventory

Unit-II

Projective Tests: Rorschach Inkblot technique, TAT, Word Association Test, Sentence Completion Test.

Unit-III

Interest: Strong Interest Inventories, Kuder Occupational Interest Survey.

Readings:

The Board of Control will decide the list of Practical
UNIT-I

Scientific Research: Meaning, Stages in Research Types of Research
Experimental and Descriptive methods; Longitudinal, Cross Sectional Research and
Cross sequential Research: Nature, Uses, Advantages and limitation

UNIT-II

Sampling: Concept and Types. Problems of Sampling
Cross Cultural Research: Types, Problems of Sampling and Measurement, Emic & Etic
Strategies

Qualitative Research: Nature, Principles, and limitations of Qualitative Research,
Comparison of Qualitative and Non Qualitative Research. Participant observation.
Ethical Issues.

UNIT-III

Sociometry: Concept, Method of analysis.
Interview: Nature and types of Interview.

Readings:
Paper: PYL 462: Industrial Psychology

Credits: 4

Unit-I

Human Resource Planning


Unit-II

Psychological Processes in Work Behaviour


Unit-III

Human Engineering; Accidents and Safety


Readings:

Industrial Psychology, Prentice Hall, New Delhi.

Psychology applied to work (6th Edition), Wadsworth, Thomson Learning, U. S.


Paper: PYL 463: PSYCHOLOGY OF ADOLESCENCE

Credits: 4

UNIT-I
Adolescence: Introduction; Significance of studying adolescents' development; contexts of development
Theories of Adolescence: Havighurst, Freud, Sullivan, Erikson, Kohlberg, Werner, Kelly

UNIT-II
Adolescent Development: Physical and Cognitive Development
Adolescent Development: Social and Emotional

UNIT-III
Deviance in Adolescence: Juvenile Delinquency, Eating Disorders; Drug abuse.

Readings:

M.A. PSYCHOLOGY (SEMESTER-IV) (CBCEGS)

Paper: PYL 464: HEALTH PSYCHOLOGY

Credits: 4

UNIT-I

Models of Health: Bio-psychosocial, Lazarus and Folkman's Transactional
Model, Eastern/ Oriental Approaches, Health belief models

UNIT-II

Stress & Coping: Nature and Types of Stress, Causes & Consequences, Factors affecting
stress.
Stress & Diseases: Coping and Types of Coping cardiovascular Diseases. AIDS/HIV,
Diabetes, Cancer, Smoking & Pain.

UNIT-III

Management of Stress: Meditation, Yoga, Diaphragmatic Breathing, Progressive
muscular relaxation, Biofeedback, Music therapy, Nutrition & Stress, Physical
exercise & stress.

Readings:

   Publishers, USA.
   Health Psychology, Theory, Research & Practice ,Sage
   Publications India, Pvt. Ltd., New Delhi.
5. Misra G. (1999) Psychological Perspectives on Stress and Health,
   Concept publishing co., New Delhi.
   Health & Well being. Jones and Bartlett Publishers
   Boston U.S.A.
7. Snooks, M.K. (2009) Health Psychology: Biological, Psychological, and
   Sociocultural Perspective. Jones and Bartlett Publishers: USA.
UNIT-I
Eastern and western perspective on positive psychology.
Classification and measures of human strengths and positive outcomes.
Living life at every stage of life – Resilience.

UNIT-II
Positive emotional states and processes:- Positive Affect, Happiness and well being,
Distinguishing positive and negative, Emotion- focused coping.
Positive cognitive states and processes:- Self efficacy, optimism and hope, wisdom and
courage, Mindfulness, flow and spirituality.

UNIT-III
Empathy, Gratitude and Forgiveness.
Complete mental health and its conceptualizations:- Keyes’s model and four front approach
Prevention of bad and enhancement of good behavior.

Readings:
UNIT-I

Nature. Factor Analysis Based Theories of Intelligence: Spearman, Thurstone, Cattell. and Guilford.

UNIT-II

Theories of Intelligence: Piaget, Sternberg, Jensen and Gardner. Emotional Intelligence

UNIT-III

Correlates of Creativity: Relationship with Intelligence and Personality. Social Psychology of Creativity.

Readings:

Paper: PYL 467: Developmental Psychopathology

Credits: 4

Unit-I

Introduction: Developmental Psychopathology in India. Concept, classification & Assessment

Unit-II

Internalizing Disorders: Anxiety Disorders; Childhood depression conversion reaction; Obsessive compulsive behaviour (Causes & intervention)

Unit-III

Externalizing Disorders: Conduct disorders; Attention deficit hyperactivity disorders (Causes & Intervention)

Readings:


Paper: PYL 468: Environmental Psychology

Credits: 4

Unit-I
Concept, characteristics and Research Methods in Environmental Psychology, types of environment

Unit-II

Unit-III
Pollution (air, water, noise & chemical, personal space, Density and Crowding, Intervention for Environmental management

Readings:


Introduction: Nature and objectives of Educational Psychology.

Conceptual and Theoretical Perspectives in Educational Psychology: Behaviouristic Theories, Social Learning Theories (Modeling and Observational learning Self-efficacy, Classroom implications); Piaget and Neo-Piagetian Theories and their applications in teaching; Bruner, Vygotsky’s Cognitive Psychology and Information Processing Models, Cognitive Styles and Learning Strategies; Learning Styles; Humanistic Approaches to Education.

Schooling and Cognition. Gender Differences/Issues in the classroom.

Unit-II

Motivation and Learning: Relationship between motivation, Learning and Performance. Types: extrinsic and intrinsic motivation. Theories: Need Theories (Murray, Maslow & Need for Achievement). Expectancy Theories (Goal Setting, Self Efficacy, Attribution and Loucs of Contorl)

Unit-III

Educational Assessment: Measurement and Evaluation (Norm-referenced and Criterionreferenced tests.) Test Scores- Meaning, Types of Interpretation. Standardized test – Meaning, Types and Interpretation; Reliability and Validity

Readings:


UNIT-I


UNIT-II

Intelligence Testing: Cattell’s Culture Fair Intelligence Test, Ravens Progressive Matrices Test, Draw a Man Test, Jalota’s Mental Ability Test, Chronometric Analysis.

UNIT-III

Creativity: Torrance Test of Creative Thinking, Projective Tests of Creativity.

Readings:

Paper: PYP 471 (Practical)

Credits: 2

The Board of Control will decide the list of Practical