

# FACULTY OF SCIENCES

## SYLLABUS

### FOR

## PG DIPLOMA IN COSMETOLOGY (SEMESTER: I - II)

Examinations: 2017-18



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# GURU NANAK DEV UNIVERSITY AMRITSAR

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## PG DIPLOMA IN COSMETOLOGY (SEMESTER SYSTEM)

## SCHEMES OF EXAMINATIONS

## SEMESTER-I

			<b>Hours</b>	<b>Marks</b>
<b>Paper – I</b>	<b>PERSONALITY DEVELOPMENT</b>	Theory	3	50
<b>Paper – II</b>	<b>EXTERNAL SKIN SCIENCE</b>	Theory	3	50
<b>Paper – III</b>	<b>HAIR AND SCALP</b>	Theory	3	50
<b>Paper – I</b>	<b>PERSONALITY DEVELOPMENT</b>	Practical	3	50
<b>Paper – II</b>	<b>EXTERNAL SKIN SCIENCE</b>	Practical	3	50
<b>Paper – III</b>	<b>HAIR AND SCALP</b>	Practical	3	50
	<b>TOTAL</b>			<b>300</b>

## SEMESTER-II

			<b>Hours</b>	<b>Marks</b>
<b>Paper – I</b>	<b>YOGA AND SALON MANAGEMENT</b>	Theory	3	50
<b>Paper – II</b>	<b>MAKE UP AND COSMETICS</b>	Theory	3	50
<b>Paper – III</b>	<b>CHEMICAL STRUCTURE OF HAIR AND COLOURS</b>	Theory	3	50
<b>Paper – I</b>	<b>YOGA AND SALON MANAGEMENT</b>	Practical	3	50
<b>Paper – II</b>	<b>MAKE UP AND COSMETICS</b>	Practical	3	100
<b>Paper – III</b>	<b>CHEMICAL STRUCTURE OF HAIR AND COLOURS</b>	Practical	3	50
	<b>TOTAL</b>			<b>350</b>

## PG DIPLOMA IN COSMETOLOGY (SEMESTER-I)

**Paper – I (Theory)**  
**PERSONALITY DEVELOPMENT**

**Time: 3 hrs**  
**6 period per week**

**M. Marks: 50**

**Instructions:** There will be eight questions and candidate will attempt any five.

**1. COSMETOLOGY:**

Introduction and Importance of Cosmetology

**2. PERSONAL GROOMING:**

(a) Colour and outfit culture:

(i) Colours :- Importance, effects and selection.

(ii) Planning and Wardrobe and Selection of Clothes according to figure, physique, complexion, occupation and weather.

(iii) Selection of accessories according to attire and occasion.

(iv) Use of perfumes

(b) Visual Poise

(i) Basic Stance and Corrective Stance.

(ii) Basic hand positions and expressive and graceful hand free actions.

(iii) correct different sitting positions and sitting on a low stool or bench.

(iv) Walking correctly.

(v) Correct sleeping position.

(vi) Getting in and out of cars

(v) Meeting and greeting people, party and table manner; entering and leaving properly.

(vi) Handling coats, shawls and stoles, gloves and hand bags.

(c) Speaking and Conversational charm:

(i) Characteristics of Charming conversationalist, topics of conversation, topics to avoid, manners of pleasant conversation, when to speak and when to listen.

(ii) Voice cultivation, enunciation and pronunciation.

**3. PERSONAL HYGIENE:**

(a) Professional appearance and Good Grooming.

(b) Personal Hygiene and Healthy Habits.

**4. BACTERIOLOGY: (In Short only)**

(a) What is Bacteria?

(b) Types of Bacteria

(c) Growth and Reproduction of Bacteria

**PG DIPLOMA IN COSMETOLOGY (SEMESTER-I)****Paper – I (Practical)  
PERSONALITY DEVELOPMENT**

**Time: 3 hrs**  
**2 period per week**

**M. Marks: 50**

**Instructions:** Paper will be set on the sport by examina on the following topics:

- (i) Dressing according to occasion, age, time, seasons.
- (ii) VIVA – on Visual Poises
- (iii) Practical files.

## PG DIPLOMA IN COSMETOLOGY (SEMESTER-I)

**Paper – II (Theory)**  
**EXTERNAL SKIN SCIENCE**

**Time: 3 hrs**  
**4 periods per week**

**M. Marks: 50**

**Instructions:** There will be eight question and candidate will attempt any five.  
Kindly note that all the topics will study in brief.

**1. CELLS:**

- (a) Basic structure of cells
- (b) Growth & reproduction of cells in brief.

**2. SKIN:**

- (a) Anatomy of Skin
- (b) Function of Skin
- (c) Types of Skin
- (d) Problems of Skin

**3. FACIAL MUSCLES:**

- (a) Basic Knowledge of muscles of the facial skin.
- (b) Kinds of nerves in short.
- (c) Nerves of the face and neck.

**4. MASSAGE**

- (a) Theory of Massage
- (b) Benefits of massage
- (c) Basic Manipulations used in massage.
- (d) Points to remember while Massage.
- (e) Facial Therapies with Pressure points of Different types of skin.

**PG DIPLOMA IN COSMETOLOGY (SEMESTER-I)****Paper – II (Practical)  
EXTERNAL SKIN SCIENCE**

**Time: 3 hrs**  
**4 periods per week**

**M. Marks: 50**

**Instructions:** Paper will be set on the spot on the following topics:

- (i) Facial treatment of Different types of Skin
- (ii) Aroma Therapy
- (iii) Body Massage & Spa
- (iv) Viva
- (v) File Work

## PG DIPLOMA IN COSMETOLOGY (SEMESTER-I)

**Paper – III (Theory)**  
**HAIR AND SCALP****Time: 3 hrs**  
**4 periods per week****M. Marks: 50****Instructions:** There will be Eight questions and candidate will attempt any five.  
All the topics will be study in brief.**1. STRUCTURE OF HAIR:**

- (a) Composition of Hair
- (b) Division of Hair
- (c) Types of Hair

**2. Knowledge of the structure connected with hair follicle:**

- (a) Dermal Papila
- (b) Outer root sheath, inner roots sheath
- (c) Bulb, matrix
- (d) Dermal Cord
- (e) Connective tissues
- (f) Arrestor Pili muscles

**3. GROWTH AND REPLACEMENT :**

- (a) Hair Cycle
- (b) Hair Analysis
- (c) Hair Pigments

**4. DISORDER OF THE HAIR AND SCALP**

- (a) Non- Infections
- (b) Infectious

**5. CARE OF SCALP:**

- (a) Treatments of scalp with the help of natural ingredients and different types of Products.
- (b) Different Electrical Equipments used in scalp treatment.

**PG DIPLOMA IN COSMETOLOGY (SEMESTER-I)****Paper – III (Practical)  
HAIR AND SCALP****Time: 3 hrs  
4 periods per week****M. Marks: 50****Note:** Paper will be set on the spot on the following topics:

- (i) Different types of scalp and Hair treatments.
- (ii) Hair Spas.
- (iii) Formal Hair Styles.
- (iv) Thermal Hair styling with Lod setting, Electric rollers, Hot rollers, straightness.
- (v) Removal of unwanted hair like – Threading, Waxing etc.



## PG DIPLOMA IN COSMETOLOGY (SEMESTER–II)

**Paper – I (Theory)**  
**YOGA AND SALON MANAGEMENT**

**Time: 3 hrs**  
**6 periods per week**

**M. Marks: 50**

**Note:** There will be eight questions and candidate will attempt any five.  
 Topics will study in brief.

**1. YOGA:**

- (i) What is Yoga/ its aims, importance and benefits.
- (ii) ASSANS – Vajar, Tar, Bhujang, Gowmukh, Padam, their techniques, importance and effects on body and warm up techniques in Yoga.
- (iii) Aerobics and difference between Yoga and Aerobics.

**2. NUTRITION AND DIETICS:**

- (i) Major functions of carbohydrates, protein, fat, vitamin – A, B, C, B-Complex (B. Group) and sources related to skin, eye and hair.
- (ii) Role of water in maintaining healthy skin.
- (iii) Concept of Balance Diet and five food groups.

**3. SALON MANAGEMENT:**

- (a) Salon – Planning, Location
- (b) Salon Ownership
- (c) Space allotment, installation and fittings.
- (d) Types of services and their cost.
- (e) Types of employees and employment.
- (f) Record keeping: Income and Expenditure
- (g) Retailing and Salesmanship
- (h) Advertising and Appointments
- (i) Maintenance
- (j) Common equipment required for salon operation
- (k) Safety Precautions

**4. STERLIZATION AND SANITATION:**

- (a) Common terms used in relation to disinfection
- (b) Methods of sterilization and sanitation
- (c) General suggestions for sanitation.

## PG DIPLOMA IN COSMETOLOGY (SEMESTER–II)

**Paper – I (Practical)**  
**YOGA AND SALON MANAGEMENT**

**Time: 3 hrs**  
**2 periods per week**

**M. Marks: 50**

**Instructions:** Paper will be set on spot by examiner on following topics:

- (i) Perform Assans : Vajar, Tar, Bhujang, Gowmukh, Padam
- (ii) Aerobics
- (iii) Viva – Assans and Salon Management
- (iv) File Work

## PG DIPLOMA IN COSMETOLOGY (SEMESTER–II)

**Paper – II (Theory)**  
**MAKE UP AND COSMETICS****Time: 3 hrs****M. Marks: 50****4 periods per week****Instructions:** There will be eight questions and candidate will attempt any five. Topics will be study in brief only.**1. CHEMICAL AND PHYSICAL CLASSIFICATIONS OF COSMETICS**

- (a) Powders, solutions, soaps, emulsions – oil in water or water in oil, suspensions, ointments.
- (b) Creams for different types of skin
- (c) Skin Bleaches
- (d) Cosmetics for make-up
- (e) Nail Products

**2. MAKE – UP:**

- (a) Make-up according to skin, climate and occasion.
- (b) Different types of make-up – corrective make-up, camufeluge make-up, theatre make-up.
- (c) Bridal make-up.

**3. NAILS:**

- (a) Structure & functions of nail.
- (b) Disorder and disease of nails.

**4. MANICURE AND PADICURE**

- (a) Describe step by step.
- (b) Their effects and Spa

## PG DIPLOMA IN COSMETOLOGY (SEMESTER–II)

**Paper – II (Practical)**  
**MAKE UP AND COSMETICS****Time: 3 hrs****M. Marks: 100****4 periods per week****Instructions:** Paper will be set on the spot by the examiner on following topics:

- (i) Pedicure or manicure
- (ii) Bridal Makeup
- (iii) VIVA – About different types of Makeup and cosmetic
- (iv) File Work

## PG DIPLOMA IN COSMETOLOGY (SEMESTER–II)

**Paper – III (Theory)**  
**CHEMICAL STRUCTURE OF HAIR AND COLOURS****Time: 3 hrs**  
**4 periods per week****M. Marks: 50****Instructions:** There will be eight questions and candidate will attempt any five.  
Topics will be study in brief only.

- 1. CHEMICAL STRUCTURE OF HAIR:**
  - (a) Knowledge of hair bonds.
  - (b) How does a chemical react in layers of hair?
  - (c) Knowledge of Acids, Alkalics in hair.
  - (d) What is shampoo and how does a shampoo act?
  - (e) Types of shampoo and additives used in shampoo?
- 2. KNOWLEDGE OF PHYSICAL AND CHEMICAL CLASSIFICATION: (In Brief only)**
  - (a) Shampoo
  - (b) Hair conditioners and Rinses
  - (c) Setting Gels and Lotions
  - (d) Hair Sprays
  - (e) Hair Colouring Products
  - (f) Products for Permanent Straightening and Waving.
  - (g) Hair Tonics
  - (h) Hair Oils.
- 3. HAIR COLOURING**
  - (a) Principle of colour and colour correction.
  - (b) Types of colour
  - (c) Client consultation
  - (d) Applied techniques, mixing techniques
  - (e) Colour depth and tone.
- 4. HAIR TEXTURING**
  - (a) Types of cutting tools.
  - (b) Hari Cutting Angle System
  - (c) Cutting lines and texturing
  - (d) Techniques of Hair cutting
- 5. PERMANENT WAVING AND REBONDING TECHNIQUES**

## PG DIPLOMA IN COSMETOLOGY (SEMESTER–II)

**Paper – III (Practical)**  
**CHEMICAL STRUCTURE OF HAIR AND COLOURS****Time: 3 hrs****M. Marks: 50****4 periods per week****Instructions:** Paper will be set on spot by examiner on following topics:

- (i) Hair Cuts : lines, angles and texture.
- (ii) Hair colouring and lightening
- (iii) VIVA : About rebonding and permanent waving, shampooing
- (iv) File Work