FACULTY OF ARTS & SOCIAL SCIENCES

SYLLABUS

FOR

M. A. PSYCHOLOGY
(Credit Based Evaluation and Grading System)

(SEMESTER: I - IV)

Examinations: 2019-20

GURU NANAK DEV UNIVERSITY
AMRITSAR

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(ii) Subject to change in the syllabi at any time.
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# M.A. PSYCHOLOGY (SEMESTER SYSTEM)
## (Credit Based Evaluation and Grading System)

### SCHEME

<table>
<thead>
<tr>
<th>Paper Code</th>
<th>C/E*</th>
<th>Course Title</th>
<th>Mid Semester Examination: Weightage (Marks)</th>
<th>End Semester Examination: Weightage (Marks)</th>
<th>Credits</th>
<th>Marks</th>
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<tbody>
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<td>PYL 401</td>
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**Note: All Papers are Compulsory.**  
**C** Means Compulsory.
## M.A. PSYCHOLOGY (SEMESTER SYSTEM)
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<td>Solving, Concept Formation &amp; Reasoning)</td>
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*’* C Means Compulsory.
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**Total Credits:** 20  **Total Marks:** 500

*Note: Papers PYL 441, PYL 450 & PYP 460 are Compulsory. In addition to the Compulsory Papers, the students will be required to select three optional papers each having 4 Credits. ‘*’ C Means Compulsory and E Means Elective.*
### M.A. PSYCHOLOGY (SEMESTER SYSTEM)
(Credit Based Evaluation and Grading System)

<table>
<thead>
<tr>
<th>Paper Code</th>
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<td>PYL 464 E</td>
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<td>PYL 465 E</td>
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<td>PYL 466 E</td>
<td>Intelligence and Creativity</td>
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<td>PYL 467 E</td>
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**Note:** Papers PYL 461, PYL 470 & PYP 480 are Compulsory. In addition to the Compulsory Papers, the students will be required to select three optional papers each having 4 Credits.

*“C” Means Compulsory and “E” Means Elective.

| M.A. PSYCHOLOGY  
(Under Credit Based Continuous Evaluation Grading System) | Credits | M. Marks |
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<td>Semester - IV</td>
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In addition to the 84 credits (Marks: 2100), the student is required to opt for 8 credits (Marks: 200) of inter-disciplinary papers.
M.A. PSYCHOLOGY (SEMESTER-I) (Credit Based Evaluation and Grading System)

Paper:-PYL 401: EXPERIMENTAL PSYCHOLOGY-I (Learning and Memory)

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs.

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Theories of Learning: Hull, Pavlov, Tolman & Skinner
Verbal Learning: Methods, Materials and Organizational Processes

Section-B
Neurophysiology of Learning: Contributions of Lashley and Hebb, Split-Brain Approach, Changes at Synapse in Learning

Section-C
Memory: Nature, Types, Methods and Materials of Memory
Serial Position Effect, Proactive and Retroactive Theories of Forgetting alongwith Experimental Evidences

Section-D
Physiological Basis of Memory: Biochemistry of Memory, Two-phase Hypothesis, Role of Proteins in Memory

Readings:

M.A. PSYCHOLOGY (SEMESTER-I) (Credit Based Evaluation and Grading System)

Paper: PYL 402: SOCIAL PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs.

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Social Psychology: Concept, Nature History and Scope
Socialization and Culture: Concept, Agents and Mechanism of Socialization, Concept of Culture
Social Cognition: Schemas, Heuristics, Processing, Affect and Cognition
Interpersonal Attraction: Friendship, Love and Marriage

Section-B
Social Influence: Conformity, Compliance and Obedience
Altruism & Pro Social Behaviour: Concept, Nature, Determinants, Theoretical Explanations of Pro-Social Behaviour
Aggression: Concept of Anger, Aggression and Hostility, Determinants, Theories of Aggression (Instinct, Drive and Modern Theory), Prevention and Control of Aggression

Section-C
Attitude: Concept, Nature, Formation of Attitudes, Approaches to Change Attitudes, Theories of Attitude Change, Measurement of Attitudes, Relationship between attitude and Behaviour
Stereotypes, Prejudice and Discrimination (Causes, Effects and Cures)

Section-D
Self Perception, Person Perception and Social Perception: Concept and Nature, Non-verbal communication
Attributions: Concept and Nature, Some Basic Sources of Error
Impression Formation and Management
Attribution Theories: Jones and Devis’, Kelley, Weiner, Heider’s Attribution Formulation
Models of Information Integration

Readings:


Paper: PYL 403 Statistical Techniques in Psychology

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Statistics: Parametric Vs Non-Parametric, Scales of Measurement
Tests of Significance: t-test, z-test, chi-square test, Wilcoxon’s T-test

Section-B
Correlation: Nature and Types, Pearson’s Product Moment Method, Spearman’s Rank Order Correlation
Special Correlation: Biserial, Point-biserial, Tetrachoric and Phi-coefficient Methods

Section-C
Correlation: Partial and Multiple Correlation (Three Variables)
Regression: Simple and Multiple Regression (Three Variables)

Section-D
Factor Analysis: Nature and Basic Assumptions, Principal Axis, Principal Component and Centroid Methods, Problems of Factor Analysis, Rotation

Readings:
M.A. PSYCHOLOGY (SEMESTER-I) (Credit Based Evaluation and Grading System)

Paper PYL 404 Perceptual Processes

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Psychophysics: Concept and Nature
Psychophysical Methods: Method of Limits, Method of Constant Stimuli and Method of Average Error
Signal Detection Theory and its Applications

Section-B

Eye: Structure and Functions of Eye with Special Reference to Structure of Retina
Fundamental Perceptual Phenomena: Scotopic and Photopic Vision, Dark and Light Adaptation

Section-C

Perception: Perception of Form, Shape and Movement

Section-D

Perception: Perception of Space, Spatial cues, Constancy Phenomena and Illusions

Readings:
M.A. PSYCHOLOGY (SEMESTER-I) (Credit Based Evaluation and Grading System)

Paper: PYL 405 Schools of Psychology

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Emergence of Psychology as a Science, Structuralism

Section-B
Functionalism, Associationism

Section-C
Psychoanalysis and Behaviourism

Section-D
Humanistic Psychology and Gestalt Psychology

Readings:

Paper: PYL 406: GROUP DYNAMICS

Credits: 2
Total Marks: 50
Mid Semester Examination: 20% weightage (Marks:10)
End Semester Examination: 80 % weightage (Marks: 40)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Groups: Concept, Formation and Development, Theoretical Approaches to the Study of Groups (Group Syntality, Group Productivity, FIRO and Exchange Theory)

Section-B
Social Facilitation and Social Loafing in Groups, Coordination in Groups, Fairness in Groups, Decision Making Processes in Groups

Section-C
Leadership: Concept, Types and Theories of Leadership (Trait, Behavioural, Contingency, Cognitive Resource, Situational, Leader-Member Exchange, Path-goal, Leader-participation Model)

Section-D
Power: Concept, Sources of Power, Types of Power, Power Tactics, Power and Politics, Harassment at Work Places

Readings:

Paper: PYP 420 Practical

Credits: 2
Total Marks: 50
End Semester Examination: 100% weightage (Marks: 50)

The Board of Control will decide the list of Practicals
M.A. PSYCHOLOGY (SEMESTER-II)
(Credit Based Evaluation and Grading System)

Paper: PYL 421: EXPERIMENTAL PSYCHOLOGY-II
(Thinking, Problems Solving, Concept Formation & Reasoning)

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Thinking: Nature, Tools and Theories of Thinking (Hypothesis Testing, Gestalt, Piaget and Information Processing)

Section-B
Problem Solving: Nature, Stages and Theories of Problem Solving

Section-C
Concept formation: Nature, Rules and Strategies, Factors affecting Concept Learning

Section-D
Reasoning: Inductive and Deductive Reasoning.

Readings:

Paper: PYL 422: APPROACHES TO PERSONALITY

Time: 3Hrs

Instructions for the Paper Setters:
Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Psychodynamic Approach: Psychoanalytic Theory (Sigmund Freud)
Neo-Freudian Psychoanalysis: Carl Jung, Alfred Adler and Karen Horney
Life Span Approach: Erik Erikson

Section-B
Humanistic Approaches: Abraham Maslow, Carl Rogers and Rollo May

Section-C
Cognitive Approach: George Kelly
Social Learning Approaches: Miller and Dollard, Albert Bandura and Julian Rotter

Section-D
Trait Approaches: Hans Eysenck, Raymond Cattell, Gordon Allport and Big Five Model.

Readings:
Paper: PYL 423: MOTIVATION

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

**Motivation**: Concept, History, Characteristics, Classification and Measurement (Psychometric and Projective, TAT)

**Need Reduction Theories**: Psychoanalytic (Freud) and Drive (Hull, Spence and Miller and Mowrer)

Section-B

**Expectancy Value**: Field Theory (Lewin), Achievement Motivation Theory (Mc-Clelland and Atkinson), Social Learning Theory (Rotter)

**Mastery and Growth**: Humanistic (Maslow, Herzberg), Vroom, Porter and Lawler

Section-C

**Hunger and Thirst**: Neuro-physiological Basis, Eating Disorders

Section-D

**Sleep**: Physiological & Behavioural Description of Sleep & Waking

**Biological Clocks and Disorders of Sleep**

**Sexual Behaviour**: Neuro-physiological Basis

Readings:

Paper: PYL 424: EXPERIMENTAL DESIGNS IN PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Types of Research: Naturalistic Observation, Field Studies, Survey Research, Ex-post Facto Research and Laboratory Experiments, Quasi-Experimental Designs and Single Subject Designs

ANOVA: Nature and Assumptions

Section-B

Designs: Randomized Group and Randomized Block Designs, Latin Square and Greco Latin Square Designs

Section-C

Factorial Designs: Two way and Three way ANOVA

Section-D

Multiple Comparison Tests: Duncan and Newmann-neuls Tests

ANCOVA: ANCOVA of Randomized Group Design

Readings:

Paper: PYL 425  Nervous System

Credits: 2
Total Marks: 50
Mid Semester Examination: 20% weightage (Marks:10)
End Semester Examination: 80 % weightage (Marks: 40)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Nervous System: Classification, Structure, Types and Functions of Neurons

Section-B
Synapse: Structure, Types and Functions, Theories of Synaptic Transmission (Electrical and chemical)

Section-C
Structure and Functions of Central Nervous System: Limbic System, Hypothalamus, Cerebral Cortex and its Lobes, RAS

Section-D
Autonomic Nervous System: Structure and Functions

Readings:

PYL 427 Abnormal Psychology

Credits: 2
Total Marks: 50
Mid Semester Examination: 20% weightage (Marks: 10)
End Semester Examination: 80 % weightage (Marks: 40)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Abnormal Psychology: Concept and History, Myths and Misconceptions, Criteria of Abnormality, Classification of Mental Disorders (DSM V and ICD)

Section-B

Generalized Anxiety Disorders: Clinical picture, Causes and Treatment
Phobias: Clinical picture, Causes and Treatment
Obsessive-compulsive Disorder: Clinical picture, Causes and Treatment

Section-C

Mood, Somatoform and Dissociative disorders: Clinical picture, Causes and Treatment

Section-D

Schizophrenia: Types, Clinical picture, Causes and Treatment
Disorders of Childhood (ADHD and Autism): Clinical picture, Causes and Treatment

Readings:

Paper: PYP 440 Practicals

Credits: 2
Total Marks: 50
End Semester Examination: 100 % weightage (Marks: 50)

The Board of Control will decide the List of Practicals
Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Test Standardization and Steps of Test Construction: Item writing, Item Analysis, Item difficulty and Item Discrimination

Section-B
Reliability: Nature and Types, Factors Influencing Reliability of Test, Reliability of Speed Tests

Section-C
Validity: - Nature and Types, Factors Influencing Validity of Test, Relationship between Reliability and Validity

Section-D
Norms: - Nature and Types of Norms, Norm referencing Vs Criterion referencing.
Profiles: - Nature and Construction of Profiles

Readings:
M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)

Paper: PYL 442: ORGANIZATIONAL PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Industrial and Organizational Psychology: Nature and Development

Section-B
Communication: Functions, Process and Types of Communication, Barriers to Effective Communication, Overcoming Communication Barriers.
Leadership: Trait and Competence Theory, Behavioural Theories, Fielder’s Contingency Model, Hersey Blanchard’s Situational Model, Path Goal Theory, Vroom Yetton’s Normative Model, Transactional versus Transformational Leadership, Emotional Intelligence and Leadership

Section-C
Organizational Climate: Nature, Antecedents and Consequences, Models of Organizational Climate, Measurement of Organizational Climate

Section-D
Organizational Change & Development: Sources of Change, Resistance to Change, Managing Change
OD Techniques: Relational Techniques (Sensitivity Training, Grid Training, Team Building, Survey Feedback and Transactional Analysis) Structural Techniques (Job Redesign, MBO & Supplemental Organizational Processes
Readings:

M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)

Paper: PYL 443: CHILD PSYCHOLOGY

Credit: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Section-B
Theoretical Perspectives: Freud, Erickson, Bronfenbrenner, Piaget & Vygotsky.

Section-C
Physical Development in Children, Development of Cognitive Processes: Attention, Perception, Memory and Language

Section-D
Socio-emotional Development: Attachment, Temperament, Gender-Role Socialization, Moral Development.

Readings:

M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)

Paper: PYL 444: COUNSELLING PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Concept, Historical Antecedents, Goals and Current Trends of Counselling, Ethical Issues in Counselling

Section-B
Theoretical Approaches: Psychoanalytic, Behaviouristic, Client Centered Therapy.

Section-C
Theoretical Approaches: Gestalt Therapy, Gognitive Therapy, Gognitive Behaviour Therapy.

Section-D
Theoretical Approaches: Rational Emotive Therapy, Transactional Analysis and Reality Therapy

Readings:

M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)

Paper: PYL 445: CLINICAL PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:
Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Section-B
Psycho-diagnosis: Concept, Objectives of Psycho-diagnosis, Relationship of Diagnosis and Therapy;
Assessment: General Issues, Intellectual and Personality Assessment Techniques (Objective and Projective)

Section-C
Clinical Assessment: Clinical Interviews, Behavioral Assessment, Neuropsychological Assessment and Psycho-physiological Measures

Section-D
Therapies: Physical Therapies, Chemical Therapies, Psychotherapies, Behaviour Therapies, Cognitive Therapies, Humanistic Therapy, Existential Therapy, Group & Family Therapies

Readings:
M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)


Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Social Integration Concept and Measures to achieve Social Integration

Section-B
Poverty and Deprivation: Concept and Nature, Social Psychological analysis of Poverty, Concepts of Disadvantaged, Deprivation and Socially Deprived, Physical Social, Cultural and Economic Consequences of Disadvantaged and Deprived Groups and their remedies

Section-C
Peace Psychology: Concept, Violence, Non-violence, Domestic violence, Conflict resolution at macro level, Role of media in conflict resolution
Terrorism and Strategies to deal with Terrorism
Psychology of Corruption

Section-D

Readings:
M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)

Paper: PYL 447: COGNITIVE PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

**Section-A**

Cognitive Psychology: Nature, Paradigms and Current Status, Pattern Recognition (Feature Analysis, Global Processing, Data Driven and Conceptually Driven Processing)

**Section-B**

Attention: Information Processing Approach to Attention.
Theories of Attention: Filter, Attenuation and Late Selection Theories
Automaticity Models (Automatic V/s Controlled Processing and Feature Integration Approaches)

**Section-C**

Memory: Models of Memory; Multistore, Working Memory, Levels of Processing and Net-Work Models
Ways of Organization of Memory Stores

**Section-D**

Reasoning: Inductive and Deductive Reasoning
Decision Making

**Readings:**

M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)

Paper: PYL 448: PSYCHOLOGY OF EXCEPTIONAL CHILDREN

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Exceptional Children: Definition, Categorization, Impairment, Disability & Handicap, Prevention.

Section-B
Children with Sensory and Motor Disabilities: Visual and Hearing Impairments, Degrees of Impairment, Developmental Characteristics; Educational and Vocational Implications: Orthopaedically Handicapped.

Section-C
Children with Cognitive differences: Mental Retardation: Types, Causes, Objectives of Education
Gifted Children: Characteristics, Identification and Educational Intervention

Section-D
Children with Speech and Learning Differences: Speech Defectives: Types, Causes and Intervention.
Learning Disorders: Reading Disorders, Writing Disorders & Arithmetic Disorders

Readings:

M.A. PSYCHOLOGY (SEMESTER-III)
(Credit Based Evaluation and Grading System)

Paper: PYL 449: Emotions

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Concept, Classifications, Facial and Vocal Expressions in emotions

Section-B
Physiological Theories: James Lange, Cannon- Bard, Papez- Maclean, Lindley Activation Theory

Section-C

Section-D
Bodily Changes During emotions Neural basis of emotions

Readings:
Paper: PYL 450: Psychological Assessment (Personality and Interests)-I

Credits: 2
Total Marks: 50
Mid Semester Examination: 20% weightage (Marks: 10)
End Semester Examination: 80% weightage (Marks: 40)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Psychometric Tests: MMPI, CPI, EPI Cattell’s 16PF, NEO Five factor Inventory

Section-B
Projective Tests: Rorschach Inkblot technique, TAT

Section-C
Word Association Test, Sentence Completion Test

Section-D
Interest: Strong Interest Inventories, Kuder Occupational Interest Survey

Readings:
The Board of Control will decide the list of Practical
Paper: PYL 461: RESEARCH METHODOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
En Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Scientific Research: Meaning, Stages in Research Types of Research
Experimental and Descriptive Methods; Longitudinal, Cross Sectional Research and Cross sequential Research: Nature, Uses, Advantages and limitation

Section-B
Sampling: Concept and Types, Problems of Sampling
Cross Cultural Research: Types, Problems of Sampling and Measurement, Emic & Etic Strategies

Section-C
Qualitative Research: Nature, Principles, and Limitations of Qualitative Research, Focused Group Discussion.
Comparison of Qualitative and Non Qualitative Research, Participant observation, Ethical Issues

Section-D
Sociometry: Concept, Method of Analysis.
Interview: Nature and Types of Interview

Readings:


Paper: PYL 462: Industrial Psychology

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Human Resource Planning
Training and Development: Needs, Principles and Methods of Training, Evaluation of Training Programmes, Socialization of Employees.

Section-B

Psychological Processes in Work Behaviour

Section-C

Procrastination in Work Behaviour.

Section-D

Human Engineering; Accidents and Safety
Accidents and Safety: Nature and Dynamics, Theories, Surrey’s model, and Safety measures

Readings:

M.A. PSYCHOLOGY (SEMESTER-IV)
(Credit Based Evaluation and Grading System)

Paper: PYL 463: PSYCHOLOGY OF ADOLESCENCE

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Adolescence: Introduction; Significance of studying adolescents' development; contexts of development

Section-B
Theoretical perspectives: Havighurst, Freud, Sullivan, Erikson, Kohlberg, Kelly

Section-C
Adolescent Development: Physical and Cognitive Development
Adolescent Development: Social and Emotional Development

Section-D
Deviance in Adolescence: Juvenile Delinquency, Eating Disorders, Drug abuse and Youth Health Risk Behaviors.

Readings:

Paper: PYL 464: HEALTH PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Models of Health: Bio-psychosocial, Lazarus and Folkman's Transactional Model, Eastern/ Oriental Approaches, Health Belief Models

Section-B
Stress: Nature and Types of Stress, Causes & Consequences, Factors affecting Stress, Physiology of Stress, Measurement of Stress
Coping: Coping and Types of Coping

Section-C
Diseases: Cardiovascular Diseases, AIDS/HIV, Physiology of the Immune System & Psychoneuroimmunology, Diabetes, Cancer, Smoking & Pain

Section-D
Management of Stress: Meditation, Yoga, Diaphragmatic Breathing, Progressive Muscular Relaxation, Biofeedback, Music Therapy, Nutrition & Stress, Physical Exercise & Stress

Readings:

5. Misra G. (1999). Psychological Perspectives on Stress and Health,

M.A. PSYCHOLOGY (SEMESTER-IV)
(Credit Based Evaluation and Grading System)

Paper: PYL 465: POSITIVE PSYCHOLOGY

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Positive Psychology: Concept and Nature, Eastern and Western Perspectives on Classification of human strengths and positive outcomes.

Section-B
Positive emotional states and processes: Positive Affect, Happiness and well being, Distinguishing positive and negative.
Positive cognitive states and processes: Self efficacy, optimism and hope, wisdom and courage, Mindfulness, flow and spirituality.

Section-C
Living life at every stage of life – Resilience. Empathy, Gratitude and Forgiveness.

Section-D
Complete mental health and its conceptualizations: Keyes’s model and four front approach Prevention of bad and enhancement of good behaviour

Readings:
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Nature. Factor Analysis Based Theories of Intelligence: Spearman, Thurstone, Cattell. and Guilford.

Section-B
Theories of Intelligence: Piaget, Sternberg, Jensen and Gardner. Emotional Intelligence

Section-C

Section-D
Correlates of Creativity: Relationship with Intelligence and Personality. Social Psychology of Creativity.

Readings:

Paper: PYL 467: Developmental Psychopathology

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks:20)
End Semester Examination: 80 % weightage (Marks: 80)

Time: 3Hrs

Instructions for the Paper Setters:
Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Introduction: Developmental Psychopathology in India. Concept, Classification & Assessment

Section-B

Anxiety Disorders : GAD, Phobias, OCD (Causes & intervention)

Section-C

Mood Disorders: Major Depressive Disorders; Dysthmic Disorders, Bipolar Disorders

Section-D

Behavioral Disorders: Conduct disorders; Attention deficit hyperactivity disorders

Readings:

Paper: PYL 468: Environmental Psychology

Credits: 4
Total Marks: 100
Mid Semester Examination: 20% weightage (Marks: 20)
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A
Concept, characteristics and Research Methods in Environmental Psychology, types of environment

Section-B

Section-C
Pollution (air, water, noise & chemical, personal space, Density and Crowding, Intervention for Environmental management

Section-D

Readings:
Paper: PYL 469: Educational Psychology  
Credits: 4  
Total Marks: 100  
Mid Semester Examination: 20% weightage (Marks: 20)  
End Semester Examination: 80% weightage (Marks: 80)

Time: 3Hrs  
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Educational Psychology: Nature and Objectives  
Theoretical Perspectives: Behaviouristic Theories, Social Learning Theories (Modeling and Observational learning, Self-efficacy, Classroom Implications); Piaget and Neo-Piagetian Theories and their Applications in Teaching;

Section-B

Cognitive Psychology: Bruner, Vygotsky and Information Processing Models,  
Cognitive Styles and Learning Strategies; Learning Styles, Humanistic Approaches to Education.  
Schooling and Cognition. Gender Differences/Issues in the Classroom.

Section-C

Motivation and Learning: Relationship between motivation, Learning and Performance. Types: extrinsic and intrinsic motivation. Theories: Need Theories (Murray, Maslow & Need for Achievement). Expectancy Theories (Goal Setting, Self Efficacy, Attribution and Loucs of Control)

Section-D

Educational Assessment: Measurement and Evaluation (Norm-referenced and Criterion referenced tests.) Test Scores- Meaning, Types of Interpretation. Standardized test – Meaning, Types and Interpretation; Reliability and Validity

Readings:

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M.A. PSYCHOLOGY (SEMESTER-IV)
(Credit Based Evaluation and Grading System)

Paper: PYL 470: PSYCHOLOGICAL ASSESSMENT
(Intelligence, Creativity and Aptitude)-II

Credits: 2
Total Marks: 50
Mid Semester Examination: 20% weightage (Marks:10)
End Semester Examination: 80 % weightage (Marks: 40)

Time: 3Hrs
Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (Not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth questions may be attempted from any Section.

Section-A

Intelligence Testing: Stanford-Binet Scales, Wechsler Scales, Bhatia’s Battery of Intelligence

Section-B

Intelligence Testing: Cattell’s Culture Fair Intelligence Test, Ravens Progressive Matrices Test, Jalota’s Mental Ability Test, Chronometric Analysis

Section-C

Aptitude Testing: Differential Aptitude Test Battery, General Aptitude Tests Battery

Section-D

Creativity: Torrance Test of Creative Thinking, Projective Tests of Creativity

Readings:

Paper: PYP 480 Practicals

Credits: 2
Total Marks: 50
End Semester Examination: 100% weightage (Marks: 50)

The Board of Control will decide the list of Practicals