

FACULTY OF VISUAL ARTS AND PERFORMING ARTS

SYLLABUS

FOR

BACHELOR OF VOCATION (B.Voc.) CONTEMPORARY FORMS OF DANCE (Semester: I – VI)

Session: 2019–20



GURU NANAK DEV UNIVERSITY, AMRITSAR.

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 - (ii) Subject to change in the syllabi at any time.
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BACHELOR OF VOCATION (B.Voc.)
(CONTEMPORARY FORMS OF DANCE) SEMESTER SYSTEM

SCHEME OF COURSE

Different Levels of B.Voc. (Contemporary Forms of Dance)

NSQF	Total Duration	Exit
4	1 Semester	Certificate (Contemporary Forms of Dance)
5	2 Semesters	Diploma (Contemporary Forms of Dance)
6	4 Semesters	Advanced Diploma (Contemporary Forms of Dance)
7	6 Semesters	Degree: B.Voc (Contemporary Forms of Dance)

BACHELOR OF VOCATION (B.Voc.)
(CONTEMPORARY FORMS OF DANCE) SEMESTER SYSTEM

Semester – I:

S.No.	Subject	Theory	Practical	Total Marks
1.	Introduction to Contemporary Forms of Dance	50	–	50
2.	Contemporary Dance Techniques	–	100	100
3.	Movement and Gestures – I	–	100	100
4.	Viva Voce – I	–	50	50
5.	Communication Skills in English–I	50	–	50
6.	Punjabi (Compulsory) OR	50	–	50
	* ਮੁੱਢਲੀ ਪੰਜਾਬੀ OR	50	–	50
	* Punjab History & Culture (From Earliest Times to C 320)	50	–	50
7.	** Drug Abuse: Problem, Management and Prevention (Compulsory Paper)	50	–	50

Semester – II:

S.No.	Subject	Theory	Practical	Total Marks
1.	Dance as a form of Art	50	–	50
2.	Movement and Gestures –II	–	100	100
3.	Fitness through Dance	–	100	100
4.	Viva–Voce – II	–	50	50
5.	Communication Skills in English–II	35	15	50
6.	Punjabi Compulsory	50	–	50
	* ਮੁੱਢਲੀ ਪੰਜਾਬੀ	50	–	50
	* Punjab History & Culture (C 320 to 1000 B.C.)	50	–	50
7.	** Drug Abuse: Problem, Management and Prevention (Compulsory Paper)	50	–	50

Note:

- * Special Paper in lieu of Punjabi Compulsory for those students who are not domicile of Punjab.
- ** Marks of this Paper will not be included in the Total Marks.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER SYSTEM)

Semester – III:

S.No.	Subject	Theory	Practical	Total Marks
1.	Analytical Study of Contemporary Dance	100	–	100
2.	Choreographically Skills	–	100	100
3.	Hip Hop Dancing Form	–	100	100
4.	Personality Development – I	50	–	50
5.	Viva Voce–I	–	50	50

Semester – IV:

S.No.	Subject	Theory	Practical	Total Marks
1.	Study of Latin American Dances	100	–	100
2.	Stage Performance Skills	–	100	100
3.	Salsa Dancing Form	–	100	100
4.	Personality Development – II	50	–	50
5.	Viva–Voce		50	50
6.	* (ESL-221): Environmental Studies	100	–	100

*** Marks of EVS will not be included in the Total Marks**

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER SYSTEM)

Semester – V:

S. No	Subject	Theory	Practical	Total Marks
1.	Theoretical & Practical Aspects of Theatre and Stage Craft	50	50	100
2.	Yoga through Dance	–	50	50
3.	Theoretical Survey of Sufi Dancing Forms	50		50
	Practical Approach to Sufi Dancing Forms		50	50
4.	Advance Study of Contemporary Dances	–	50	50
5.	Dance Fusions – An Inter Relationship Study	50		50
	Practical Approach to Dance Fusion		50	50
			Total:	400

Semester – VI:

S.No.	Subject	Theory	Practical	Total Marks
1.	Role of Theatre & Yoga in Dance	50	–	50
	Practical Approach to Theatre and Stage Craft	–	50	50
2.	Portfolio Development (Viva Voce)	–	50	50
3.	Theoretical Study of Raqs Sharqi (Practical)	50	–	50
	Practical Demonstration of Raqs Sharqi	–	50	50
4.	History of Indian Ballet Dance	50	–	50
5.	Stage Performance (Contemporary Dances)	–	100	100
			Total:	400

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

1. INTRODUCTION TO CONTEMPORARY FORMS OF DANCE (Theory)

Time: 3 Hrs.

Theory: 50 Marks

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section-A

1. Origin of contemporary dance
2. New techniques and trends in contemporary dance.

Section – B

3. Basic study of ballet and mention its kinds.
4. What is modern dance and how it's different from contemporary dance.

Section – C

5. Knowledge of jazz dance.
6. Study of musical theatre dance and its relevance in dance industry.

Section – D

7. Detailed study of tap dance.
8. Short note on:
 - a. Hip-Hop.
 - b. Break dancing.
 - c. Lyrical
 - d. Bollywood.

Suggested Reading:

- Contemporary Indian Dance: New Creative Choreography in India by Prof. Ketu Katrak
- Talk About Contemporary Dance by Elisabeth Couturier, Philippe Noisette
- Indian Contemporary Dance by Utpal K. Banerjee
- Dance Analysis – Technique within Contemporary Dance by Kathryn Hughes
- Dancing Heads: A Hand– And Footbook for Creative/Contemporary Dance by Ickstadt
- Contemporary Dance (Starstruck) by Cathy West
- Looking at Contemporary Dance: A Guide by Marc Raymond Strauss Nadel Strauss

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

2. CONTEMPORARY DANCE TECHNIQUES (*Practical*)

Time: 20 Minutes

Practical: 100 Marks

Importance of Music and Rhythm

Knowledge of Stage and its Proper utilization

Practical understanding of Relaxation & Freedom Ability to recitation of basic Rhythms (Talas) on hand.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

2. MOVEMENT AND GESTURES – I
(Performance Skill Viva Voice & Practical)

Time: 20 Minutes

Practical: 100 Marks

Basic Study of Movement & Gestures

- Hand Movements
- Foot Movements
- Facial Expressions
- Overall Body Gestures

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

4. VIVA-VOCE

Practical: 50

Note: The examiner can ask questions from all the skill based subjects.

Ability to Demonstrate basic Rythms (Talas) on hand.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

PAPER–V: COMMUNICATION SKILLS IN ENGLISH–I

Time: 3 Hours

Max. Marks: 50

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

The syllabus is divided in four sections as mentioned below:

Section–A

Reading Skills: Reading Tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings.

Section–B

Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/ expressions.

Activities:

- Comprehension questions in multiple choice format
- Short comprehension questions based on content and development of ideas

Section–C

Writing Skills: Guidelines for effective writing; writing styles for application, personal letter, official/ business letter.

Activities:

- Formatting personal and business letters.
- Organising the details in a sequential order

Section–D

Resume, memo, notices etc.; outline and revision.

Activities:

- Converting a biographical note into a sequenced resume or vice-versa
- Ordering and sub-dividing the contents while making notes.
- Writing notices for circulation/ boards

Recommended Books:

- *Oxford Guide to Effective Writing and Speaking* by John Seely.
- *English Grammar in Use* (Fourth Edition) by Raymond Murphy, CUP

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

PAPER-VI: ਪੰਜਾਬੀ (ਲਾਜ਼ਮੀ)

ਸਮਾਂ : 3 ਘੰਟੇ

ਕੁਲ ਅੰਕ : 50

ਪਾਠ-ਕ੍ਰਮ ਅਤੇ ਪਾਠ-ਪੁਸਤਕਾਂ

ਸੈਕਸ਼ਨ-ਏ

ਆਤਮ ਅਨਾਤਮ (ਕਵਿਤਾ ਭਾਗ),
(ਸੰਪ. ਸੁਹਿੰਦਰ ਬੀਰ ਅਤੇ ਵਰਿਆਮ ਸਿੰਘ ਸੰਧੂ)
ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ।
(ਪ੍ਰਸ਼ਾਸਨ ਸਾਹਿਤ ਵਿਆਖਿਆ, ਸਾਰ)

ਸੈਕਸ਼ਨ-ਬੀ

ਇਤਿਹਾਸਕ ਯਾਦਾਂ (ਇਤਿਹਾਸਕ ਲੇਖ-ਸੰਗ੍ਰਹਿ)
ਸੰਪਾ. ਸ.ਸ.ਅਮੋਲ,
ਪੰਜਾਬੀ ਸਾਹਿਤ ਪ੍ਰਕਾਸ਼ਨ, ਲੁਧਿਆਣਾ। (ਲੇਖ 1 ਤੋਂ 6)
(ਨਿਬੰਧ ਦਾ ਸਾਰ, ਲਿਖਣ-ਸ਼ੈਲੀ)

ਸੈਕਸ਼ਨ-ਸੀ

(ੳ) ਪੈਰਾ ਰਚਨਾ
(ਅ) ਪੈਰਾ ਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ।

ਸੈਕਸ਼ਨ-ਡੀ

(ੳ) ਪੰਜਾਬੀ ਧੁਨੀ ਵਿਉਂਤ : ਉਚਾਰਨ ਅੰਗ, ਉਚਾਰਨ ਸਥਾਨ ਤੇ ਵਿਧੀਆਂ, ਸਵਰ, ਵਿਅੰਜਨ,
ਸੁਰ-ਪ੍ਰਕਾਸ਼।
(ਅ) ਭਾਸ਼ਾ ਵੰਨਗੀਆਂ : ਭਾਸ਼ਾ ਦਾ ਟਕਸਾਲੀ ਰੂਪ, ਭਾਸ਼ਾ ਅਤੇ ਉਪ-ਭਾਸ਼ਾ ਦਾ ਅੰਤਰ, ਪੰਜਾਬੀ
ਉਪਭਾਸ਼ਾਵਾਂ ਦੇ ਪਛਾਣ-ਚਿੰਨ੍ਹ।

ਅੰਕ-ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਭਾਗ ਹੋਣਗੇ। ਹਰ ਭਾਗ ਵਿੱਚੋਂ ਦੋ ਪ੍ਰਸ਼ਨ ਚੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਭਾਗ ਵਿੱਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ।
ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਭਾਗ ਵਿੱਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ
ਉਪ-ਪ੍ਰਸ਼ਨਾਂ ਵਿੱਚ ਕਰ ਸਕਦਾ ਹੈ।

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

PAPER–VI: ਮੁੱਢਲੀ ਪੰਜਾਬੀ
(In lieu of Compulsory Punjabi)

ਸਮਾਂ : 3 ਘੰਟੇ

ਕੁਲ ਅੰਕ: 50

ਪਾਠ-ਕ੍ਰਮ

ਸੈਕਸ਼ਨ-ਏ

ਪੈਂਤੀ ਅੱਖਰੀ, ਅੱਖਰ ਕ੍ਰਮ, ਪੈਰ ਬਿੰਦੀ ਵਾਲੇ ਵਰਣ ਅਤੇ ਪੈਰ ਵਿਚ ਪੈਣ ਵਾਲੇ ਵਰਣ ਅਤੇ ਮਾਤ੍ਰਵਾਂ (ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ)
ਲਗਾਖਰ (ਬਿੰਦੀ, ਟਿੱਪੀ, ਅੱਧਕ) : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ

ਸੈਕਸ਼ਨ-ਬੀ

ਪੰਜਾਬੀ ਸ਼ਬਦ-ਬਣਤਰ : ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
(ਸਾਧਾਰਨ ਸ਼ਬਦ, ਸੰਯੁਕਤ ਸ਼ਬਦ, ਮਿਸ਼ਰਤ ਸ਼ਬਦ, ਮੂਲ ਸ਼ਬਦ, ਅਗੇਤਰ ਅਤੇ ਪਿਛੇਤਰ)

ਸੈਕਸ਼ਨ-ਸੀ

ਨਿੱਤ ਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀ ਸ਼ਬਦਾਵਲੀ : ਬਾਜ਼ਾਰ, ਵਪਾਰ, ਰਿਸ਼ਤੇ-ਨਾਤੇ, ਖੇਤੀ ਅਤੇ ਹੋਰ ਧੰਦਿਆਂ ਆਦਿ ਨਾਲ ਸੰਬੰਧਤ।

ਸੈਕਸ਼ਨ-ਡੀ

ਹਫ਼ਤੇ ਦੇ ਸੱਤ ਦਿਨਾਂ ਦੇ ਨਾਂ, ਬਾਰ੍ਹਾਂ ਮਹੀਨਿਆਂ ਦੇ ਨਾਂ, ਰੁੱਤਾਂ ਦੇ ਨਾਂ, ਇਕ ਤੋਂ ਸੌ ਤਕ ਗਿਣਤੀ ਸ਼ਬਦਾਂ ਵਿਚ

ਅੰਕ-ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਭਾਗ ਹੋਣਗੇ। ਹਰ ਭਾਗ ਵਿਚੋਂ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਭਾਗ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਭਾਗ ਵਿਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ-ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

PAPER–VI: Punjab History & Culture (From Earliest Times to C 320)
(Special Paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

Time: 3 Hours

Max. Marks: 50

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section–A

1. Physical features of the Punjab and its impact on history.
2. Sources of the ancient history of Punjab

Section–B

3. Harappan Civilization: Town planning; social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home and settlements in Punjab.

Section–C

5. Social, Religious and Economic life during *Rig* Vedic Age.
6. Social, Religious and Economic life during Later Vedic Age.

Section–D

7. Teachings and impact of Buddhism
8. Jainism in the Punjab

Suggested Readings:

1. L. M Joshi (Ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3rd Edition)
2. L.M. Joshi and Fauja Singh (Ed.), *History of Punjab*, Vol.I, Patiala 1977.
3. Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
4. B.N. Sharma, *Life in Northern India*, Delhi. 1966.
5. Chopra, P.N., Puri, B.N., & Das, M.N. (1974). *A Social, Cultural & Economic History of India*, Vol. I, New Delhi: Macmillan India.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

**PAPER – VII: DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION
(COMPULSORY PAPER)**

PROBLEM OF DRUG ABUSE

Time: 3 Hours

Max. Marks: 50

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section – A

Meaning of Drug Abuse:

Meaning, Nature and Extent of Drug Abuse in India and Punjab.

Section – B

Consequences of Drug Abuse for:

Individual	:	Education, Employment, Income.
Family	:	Violence.
Society	:	Crime.
Nation	:	Law and Order problem.

Section – C

Management of Drug Abuse:

Medical Management: Medication for treatment and to reduce withdrawal effects.

Section – D

Psychiatric Management: Counselling, Behavioural and Cognitive therapy.

Social Management: Family, Group therapy and Environmental Intervention.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – I)

References:

1. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
3. Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
5. Kessel, Neil and Henry Walton. 1982, *Alcoholism*. Harmond Worth: Penguin Books.
6. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
7. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
8. Ross Coomber and Others. 2013, *Key Concept in Drugs and Society*. New Delhi: Sage Publications.
9. Sain, Bhim 1991, *Drug Addiction Alcoholism, Smoking obscenity* New Delhi: Mittal Publications.
10. Sandhu, Ranvinder Singh, 2009, *Drug Addiction in Punjab: A Sociological Study*. Amritsar: Guru Nanak Dev University.
11. Singh, Chandra Paul 2000. *Alcohol and Dependence among Industrial Workers*: Delhi: Shipra.
12. Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and Cessation*, Cambridge University Press.
13. Verma, P.S. 2017, “*Punjab’s Drug Problem: Contours and Characteristics*”, Economic and Political Weekly, Vol. LII, No. 3, P.P. 40-43.
14. World Drug Report 2016, United Nations office of Drug and Crime.
15. World Drug Report 2017, United Nations office of Drug and Crime.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

1. DANCE AS A FORM OF ART (*Theory*)

Time: 3 Hrs.

Theory: 50 Marks

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section – A

1. Detailed knowledge of creative dance with its elements.
2. Dance as a form of communication.

Section – B

3. Comprehensive study of dance as a form of art.
4. Role of aesthetics and behavior in dance.

Section – C

5. Importance of time and energy in dance.
6. Justify freedom of expression in contemporary forms of dance.

Section – D

7. Importance of rhythm in dance.
8. Purpose of dance in different aspects of life.

Suggested Reading:

- Contemporary Indian Dance: New Creative Choreography in India by Prof. Ketu Katrak
- Talk About Contemporary Dance by Elisabeth Couturier, Philippe Noisette
- Indian Contemporary Dance by Utpal K. Banerjee
- Dance Analysis – Technique within Contemporary Dance by Kathryn Hughes
- Dancing Heads: A Hand– And Footbook for Creative/Contemporary Dance by Ickstadt
- Looking at Contemporary Dance: A Guide by Marc Raymond Strauss Nadel Strauss

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

2. MOVEMENT AND GESTURES – II
(Performance Skill Viva Voice & Practical)

Time: 20 Minutes

Practical: 100 Marks

Practical study of following elements of Dance

- Body
- Action
- Space
- Timing
- Energy

Importance of Rhythm in Dance

Practical Demonstration of basic Rythms (Talas) in hand

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

3. FITNESS THROUGH DANCE (*Practical*)

Time: 20 Minutes

Practical: 100 Marks

Practical approach of Physical Fitness through different aspects of Dance given below:

- Aerobics
- Bhangra
- Rhythmic Exercises through Dance
- Relaxing through Dance
- Body Toning

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

4. VIVA-VOCE

Practical: 50 Marks

Note: The examiner can ask questions from all the skill based subjects.
Practical demonstrations of basic Rhythms (Talas) in hand

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

PAPER–V: COMMUNICATION SKILLS IN ENGLISH–II

Time: 3 Hours

Max. Marks: 50
Theory Marks: 35
Practical Marks: 15

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Course Contents:

SECTION–A

Listening Skills: Barriers to listening; effective listening skills; feedback skills.

Activities: Listening exercises – Listening to conversation, News and TV reports

SECTION–B

Attending telephone calls; note taking and note making.

Activities: Taking notes on a speech/lecture

SECTION–C

Speaking and Conversational Skills: Components of a meaningful and easy conversation; understanding the cue and making appropriate responses; forms of polite speech; asking and providing information on general topics.

Activities: 1) Making conversation and taking turns

2) Oral description or explanation of a common object, situation or concept

SECTION–D

The study of sounds of English,
Stress and Intonation,
Situation based Conversation in English,
Essentials of Spoken English.

Activities: Giving Interviews

PRACTICAL / ORAL TESTING

Marks: 15

Course Contents:-

1. Oral Presentation with/without audio visual aids.
2. Group Discussion.
3. Listening to any recorded or live material and asking oral questions for listening comprehension.

Questions:-

1. Oral Presentation will be of 5 to 10 minutes duration (Topic can be given in advance or it can be student's own choice). Use of audio visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Note: Oral test will be conducted by external examiner with the help of internal examiner.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

PAPER–VI: ਪੰਜਾਬੀ (ਲਾਜ਼ਮੀ)

ਸਮਾਂ : 3 ਘੰਟੇ

ਕੁਲ ਅੰਕ : 50

ਪਾਠ-ਕ੍ਰਮ ਅਤੇ ਪਾਠ-ਪੁਸਤਕਾਂ

ਸੈਕਸ਼ਨ-ਏ

ਆਤਮ ਅਨਾਤਮ (ਕਹਾਣੀ ਭਾਗ),
(ਸੰਪ. ਸੁਹਿੰਦਰ ਬੀਰ ਅਤੇ ਵਰਿਆਮ ਸਿੰਘ ਸੰਧੂ)
ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ।
(ਵਿਸ਼ਾ-ਵਸਤੂ, ਪਾਤਰ ਚਿਤਰਨ)

ਸੈਕਸ਼ਨ-ਬੀ

ਇਤਿਹਾਸਕ ਯਾਦਾਂ (ਇਤਿਹਾਸਕ ਲੇਖ-ਸੰਗ੍ਰਹਿ)
ਸੰਪਾ. ਸ.ਸ.ਅਮੋਲ,
ਪੰਜਾਬੀ ਸਾਹਿਤ ਪ੍ਰਕਾਸ਼ਨ, ਲੁਧਿਆਣਾ। (ਲੇਖ 7 ਤੋਂ 12)
(ਸਾਰ, ਲਿਖਣ ਸ਼ੈਲੀ)

ਸੈਕਸ਼ਨ-ਸੀ

(ੳ) ਸ਼ਬਦ-ਬਣਤਰ ਅਤੇ ਸ਼ਬਦ ਰਚਨਾ : ਪਰਿਭਾਸ਼ਾ, ਮੁੱਢਲੇ ਸੰਕਲਪ
(ਅ) ਸ਼ਬਦ ਸੂਚੀ

ਸੈਕਸ਼ਨ-ਡੀ

(ੳ) ਸੰਖੇਪ ਰਚਨਾ
(ਅ) ਮੁਹਾਵਰੇ ਅਤੇ ਅਖਾਣ

ਅੰਕ-ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਭਾਗ ਹੋਣਗੇ। ਹਰ ਭਾਗ ਵਿੱਚੋਂ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਭਾਗ ਵਿੱਚੋਂ ਇੱਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਭਾਗ ਵਿੱਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ-ਪ੍ਰਸ਼ਨਾਂ ਵਿੱਚ ਕਰ ਸਕਦਾ ਹੈ।

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

PAPER-VI: ਮੁੱਢਲੀ ਪੰਜਾਬੀ
(In lieu of Compulsory Punjabi)

ਸਮਾਂ: 3 ਘੰਟੇ

ਕੁਲ ਅੰਕ: 50

ਪਾਠ-ਕ੍ਰਮ

ਸੈਕਸ਼ਨ-ਏ

ਸ਼ਬਦ ਸ਼੍ਰੇਣੀਆਂ : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ
(ਨਾਂਵ, ਪੜਨਾਂਵ, ਕਿਰਿਆ, ਵਿਸ਼ੇਸ਼ਣ, ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ, ਸਬੰਧਕ, ਯੋਜਕ ਅਤੇ ਵਿਸਮਿਕ)

ਸੈਕਸ਼ਨ-ਬੀ

ਪੰਜਾਬੀ ਵਾਕ ਬਣਤਰ : ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
(ੳ) ਸਾਧਾਰਨ ਵਾਕ, ਸੰਯੁਕਤ ਵਾਕ ਅਤੇ ਮਿਸ਼ਰਤ ਵਾਕ (ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ)
(ਅ) ਬਿਆਨੀਆ ਵਾਕ, ਪ੍ਰਸ਼ਨਵਾਚਕ ਵਾਕ ਅਤੇ ਹੁਕਮੀ ਵਾਕ (ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ)

ਸੈਕਸ਼ਨ-ਸੀ

ਪੈਰ੍ਹਾ ਰਚਨਾ
ਸੰਖੇਪ ਰਚਨਾ

ਸੈਕਸ਼ਨ-ਡੀ

ਚਿੱਠੀ ਪੱਤਰ (ਘਰੇਲੂ ਅਤੇ ਦਫ਼ਤਰੀ)
ਅਖਾਣ ਅਤੇ ਮੁਹਾਵਰੇ

ਅੰਕ-ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਭਾਗ ਹੋਣਗੇ। ਹਰ ਭਾਗ ਵਿੱਚੋਂ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਭਾਗ ਵਿੱਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਭਾਗ ਵਿੱਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ-ਪ੍ਰਸ਼ਨਾਂ ਵਿੱਚ ਕਰ ਸਕਦਾ ਹੈ।

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

PAPER–VI: Punjab History & Culture (C 320 to 1000 B.C.)
(Special Paper in lieu of Punjabi compulsory)
(For those students who are not domicile of Punjab)

Time: 3 Hours

Max. Marks: 50

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section–A

1. Alexander's Invasion and its Impact
2. Punjab under Chandragupta Maurya and Ashoka.

Section–B

3. The Kushans and their Contribution to the Punjab.
4. The Panjab under the Gupta Empire.

Section–C

5. The Punjab under the Vardhana Emperors
6. Socio-cultural History of Punjab from 7th to 1000 A.D.

Section–D

7. Development of languages and Education with Special reference to Taxila
8. Development of Art & Architecture

Suggested Readings:

1. L. M Joshi (Ed), *History and Culture of the Punjab*, Art-I, Punjabi University, Patiala, 1989 (3rd Edition)
2. L.M. Joshi and Fauja Singh (Ed.), *History of Punjab*, Vol. I, Punjabi University, Patiala, 1977.
3. Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
4. B.N. Sharma: *Life in Northern India*, Delhi. 1966.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

**PAPER – VII: DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION
(COMPULSORY PAPER)**

DRUG ABUSE: MANAGEMENT AND PREVENTION

Time: 3 Hours

Max. Marks: 50

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section – A

Prevention of Drug abuse:

Role of family: Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny.

Section – B

School: Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students.

Section – C

Controlling Drug Abuse:

Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

Section – D

Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – II)

References:

1. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
3. Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug Epidemic Among Indian Youth*, New Delhi: Mittal Pub.
5. Kessel, Neil and Henry Walton. 1982, *Alcoholism*. Harmond Worth: Penguin Books.
6. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
7. National Household Survey of Alcohol and Drug Abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
8. Ross Coomber and Others. 2013, *Key Concept in Drugs and Society*. New Delhi: Sage Publications.
9. Sain, Bhim 1991, *Drug Addiction Alcoholism, Smoking Obscenity*, New Delhi: Mittal Publications.
10. Sandhu, Ranvinder Singh, 2009, *Drug Addiction in Punjab: A Sociological Study*. Amritsar: Guru Nanak Dev University.
11. Singh, Chandra Paul 2000. *Alcohol and Dependence among Industrial Workers*: Delhi: Shipra.
12. Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and Cessation*, Cambridge University Press.
13. Verma, P.S. 2017, “*Punjab’s Drug Problem: Contours and Characteristics*”, Economic and Political Weekly, Vol. LII, No. 3, P.P. 40-43.
14. World Drug Report 2016, United Nations office of Drug and Crime.
15. World Drug Report 2017, United Nations office of Drug and Crime.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – III)

1. ANALYTICAL STUDY OF CONTEMPORARY DANCE (*Theory*)

Time: 3 Hrs.

Theory: 100 Marks

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section – A

Course Contents:

An Analytical Study of Contemporary Dances on the behalf of following aspects.

- Study of Improvisation Techniques in Dance
- Movement Analysis

Section – B

- Narrative Elements
- Analyzing & Evaluating Dance Performances

Section – C

- Critical Analysis
- Understanding Choreography

Section – D

- Role of Choreographer
- Social Relevance of Dance

Suggested Readings:

- Dancing Heads: A Hand– And Footbook for Creative/Contemporary Dance by Ickstadt
- Dance Analysis – Technique within Contemporary Dance by Kathryn Hughes
- Contemporary Indian Dance: New Creative Choreography in India by Prof. Ketu Katrak

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – III)

2. CHOREOGRAPHICALLY SKILLS (*Practical*)

Practical: 100 Marks

Dance Composition Techniques

Leadership

Creativity

Discipline

Musical Choreography

Knowledge and understanding of a range of Dance styles

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – III)

3. HIP HOP DANCING FORM (*Practical*)

Practical: 100 Marks

Practical approach of Hip Hop Styles:

- Breaking,
- Locking
- Popping
- Freestyle

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – III)

4. PERSONALITY DEVELOPMENT – I (*Theory*)

Time: 3 Hrs.

Theory: 50 Marks

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section – A

Meaning and Definition of Personality

Aspects of Personality (Physical, Intellectual, Emotional and Social)

Personality Development: Need and Importance

Indicators of a Developed Personality

Section – B

Positive Attitude: Concept, traits of Positive thinking and high achievers

Techniques and Strategies for positive thinking

Indicators of Positive Attitude

Section – C

Motivation: Techniques for self-motivation

Goals Setting and Time Management

Goals: Meaning and Types

Section – D

Time Management: Meaning and Concept, importance

Strategies for Time Management, identifying and avoiding time-wasters

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – III)

5. VIVA VOCE – I (*Practical*)

Time: 20 Minutes

Practical: 50 Marks

Music Vocal

Voice Training

Fundamentals of "Western" Music

One Light Composition in Vocal Music (Indian/Western)

Music Instrumental

Playing Techniques of selected Instruments

Practical Understanding of Notations and Rhythms

One Composition on Keyboard (for Dance)

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

1. STUDY OF LATIN AMERICAN DANCES (*Theory*)

Time: 3 Hrs.

Theory: 100 Marks

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section – A

- **Study of following Latin American Dances:**
- History and Origin of Latin American
- Latin Folk Dances and other forms
- Ballroom Dance

Section – B

- Cha–Cha–Cha
- Rumba
- Samba

Section – C

- Pasodoble
- Salsa

Section – D

- Merengue
- Bachata

Suggested Readings:

- Theory and Technique Of Latin–American Dancing by Frank Borrows
- Songs and Dances of Latin America by Hal Leonard Publishing Co.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

2. STAGE PERFORMANCE SKILLS (*Practical*)

Practical: 100 Marks

Practical approach of following Stage Performance Skills:

Importance of Theme

Importance of Costumes, Make Up, Props

Light and Sound

Stage Craft

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

3. SALSA DANCING FORM (*Practical*)

Practical: 100 Marks

Practical demonstration of Salsa Dance on the behalf of following aspects

- Importance of Technique
- Avoiding Injuries
- Creating the Style
- Moving with Grace

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

4. PERSONALITY DEVELOPMENT – II (*Theory*)

Time: 3 Hrs.

Theory: 50 Marks

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Section – A

Soft Skills: Meaning and Importance

Concepts: Work and Professional Ethics,

Self-Presentation, Self Confidence, Problem Solving Skills, Stress and Conflict Management

Section – B

Team Spirit: Leadership Skills, Synergy and Team Building

Placement Preparations: Group Discussions, Rules for Group Discussion

Personal Interview: Mock Interview and its Rules

Section – C

Do's and Dont's: Dressing Sense, Strategies before and during the interview

Overcoming shyness, nervousness and fear

Section – D

Grooming: meaning and concept, various dimensions

Role of manners and etiquette in grooming

Strategies/Tips for grooming into an all-round groomed individual

Profile and Biography of: Abraham Lincoln, Dr. APJ Abdul Kalam, Amitabh Bachchan, Indira Nooyi

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

5. VIVA-VOCE (*Practical*)

Practical: 50 Marks

Music Vocal

Training Voice for Dance

Singing for Individual and Group Dance Performance

Poetical Composition

Music Instrumental

Various Musical Instruments and their role in Dance

Various Rhythms'

Simple Instrumental Compositions or Rhythms in Dance

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

6. (ESL-221): ENVIRONMENTAL STUDIES

Time: 3 Hrs.

Max. Marks: 100

Teaching Methodologies

The Core Module Syllabus for Environmental Studies includes class room teaching and field work. The syllabus is divided into 8 Units [Unit-1 to Unit-VII] covering 45 lectures + 5 hours for field work [Unit-VIII]. The first 7 Units will cover 45 lectures which are class room based to enhance knowledge skills and attitude to environment. Unit-VIII comprises of 5 hours field work to be submitted by each candidate to the Teacher in-charge for evaluation latest by 15 December, 2019.

Exam Pattern: **End Semester Examination- 75 Marks**
 Project Report/Field Study- 25 Marks [based on submitted report]
 Total Marks- 100

The structure of the question paper being:

Part-A, Short answer pattern with inbuilt choice – 25 Marks

Attempt any five questions out of seven distributed equally from Unit-1 to Unit-VII. Each question carries 5 marks. Answer to each question should not exceed 2 pages.

Part-B, Essay type with inbuilt choice – 50 Marks

Attempt any five questions out of eight distributed equally from Unit-1 to Unit-VII. Each question carries 10 marks. Answer to each question should not exceed 5 pages.

Project Report / Internal Assessment:

Part-C, Field work – 25 marks [Field work equal to 5 lecture hours]

The candidate will submit a hand written field work report showing photographs, sketches, observations, perspective of any topic related to Environment or Ecosystem. The exhaustive list for project report/area of study are given just for reference:

1. Visit to a local area to document environmental assets: River / Forest/ Grassland / Hill / Mountain / Water body / Pond / Lake / Solid Waste Disposal / Water Treatment Plant / Wastewater Treatment Facility etc.
2. Visit to a local polluted site – Urban / Rural / Industrial / Agricultural
3. Study of common plants, insects, birds
4. Study of tree in your areas with their botanical names and soil types
5. Study of birds and their nesting habits
6. Study of local pond in terms of wastewater inflow and water quality
7. Study of industrial units in your area. Name of industry, type of industry, Size (Large, Medium or small scale)
8. Study of common disease in the village and basic data from community health centre
9. Adopt any five young plants and photograph its growth
10. Analyze the Total dissolved solids of ground water samples in your area.
11. Study of Particulate Matter (PM_{2.5} or PM₁₀) data from Sameer website. Download from Play store.
12. Perspective on any field on Environmental Studies with secondary data taken from Central Pollution Control Board, State Pollution Control Board, State Science & Technology Council etc.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

Unit-I

The multidisciplinary nature of environmental studies

Definition, scope and importance, Need for public awareness

(2 lectures)

Unit-II

Natural Resources: Renewable and non-renewable resources:

Natural resources and associated problems.

- (a) Forest resources: Use and over-exploitation, deforestation, case studies. Timber extraction, mining, dams and their effects on forests and tribal people.
- (b) Water resources: Use and over-utilization of surface and ground water, floods, drought, conflicts over water, dams-benefits and problems.
- (c) Mineral resources: Use and exploitation, environmental effects of extracting and using mineral resources, case studies.
- (d) Food resources: World food problems, changes caused by agriculture and overgrazing, effects of modern agriculture, fertilizer-pesticide problems, water logging, salinity, case studies.
- (e) Energy resources: Growing energy needs, renewable and non-renewable energy sources, use of alternate energy sources, case studies.
- (f) Land resources: Land as a resource, land degradation, man induced landslides, soil erosion and desertification.
 - Role of an individual in conservation of natural resources.
 - Equitable use of resources for sustainable lifestyles.

(8 Lectures)

Unit-III

Ecosystems

- Concept of an ecosystem
- Structure and function of an ecosystem
- Producers, consumers and decomposers
- Energy flow in the ecosystem
- Ecological succession
- Food chains, food webs and ecological pyramids
- Introduction, types, characteristic features, structure and function of the following ecosystem: Forest ecosystem, Grassland ecosystem, Desert ecosystem, Aquatic ecosystems (ponds, streams, lakes, rivers, ocean estuaries)

(6 Lectures)

Unit-IV

Biodiversity and its conservation

- Introduction – Definition: genetic, species and ecosystem diversity
- Biogeographical classification of India
- Value of biodiversity: consumptive use, productive use, social, ethical aesthetic and option values
- Biodiversity at global, national and local levels
- India as a mega-diversity nation
- Hot-spots of biodiversity
- Threats to biodiversity: habitat loss, poaching of wildlife, man wildlife conflicts
- Endangered and endemic species of India
- Conservation of biodiversity: In-situ and Ex-situ conservation of biodiversity

(8 Lectures)

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

Unit-V

Environmental Pollution :

Definition :

- Causes, effects and control measures of Air pollution, Water pollution, Soil pollution, Marine pollution, Noise pollution, Thermal pollution, Nuclear pollution
- Solid waste management: Causes, effects and control measures of urban and industrial wastes.
- Role of an individual in prevention of pollution
- Pollution case studies
- Disaster management: floods, earthquake, cyclone and landslides

(8 Lectures)

Unit-VI

Social Issues and the Environment

- From unsustainable to sustainable development
- Urban problems and related to energy
- Water conservation, rain water harvesting, watershed management
- Resettlement and rehabilitation of people; its problems and concerns. Case studies.
- Environmental ethics: Issues and possible solutions
- Climate change, global warming, acid rain, ozone layer depletion, nuclear accidents and holocaust. Case studies.
- Wasteland reclamation
- Consumerism and waste products
- Environmental Protection Act, 1986
- Air (Prevention and Control of Pollution) Act, 1981
- Water (Prevention and control of Pollution) Act, 1974
- Wildlife Protection Act
- Forest Conservation Act
- Issues involved in enforcement of environmental legislation
- Public awareness

(7 Lectures)

Unit-VII

Human Population and the Environment

- Population growth, variation among nations
- Population explosion – Family Welfare Programmes
- Environment and human health
- Human Rights
- Value Education
- HIV / AIDS
- Women and Child Welfare
- Role of Information Technology in Environment and Human Health
- Case Studies

(6 Lectures)

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – IV)

Unit-VIII

Field Work

- Visit to a local area to document environmental assets River / forest / grassland / hill / mountain
- Visit to a local polluted site – Urban / Rural / Industrial / Agricultural
- Study of common plants, insects, birds
- Study of simple ecosystems-pond, river, hill slopes, etc

(Field work equal to 5 lecture hours)

References:

1. Bharucha, E. 2005. Textbook of Environmental Studies, Universities Press, Hyderabad.
2. Down to Earth, Centre for Science and Environment, New Delhi.
3. Heywood, V.H. & Waston, R.T. 1995. Global Biodiversity Assessment, Cambridge House, Delhi.
4. Joseph, K. & Nagendran, R. 2004. Essentials of Environmental Studies, Pearson Education (Singapore) Pte. Ltd., Delhi.
5. Kaushik, A. & Kaushik, C.P. 2004. Perspective in Environmental Studies, New Age International (P) Ltd, New Delhi.
6. Rajagopalan, R. 2011. Environmental Studies from Crisis to Cure. Oxford University Press, New Delhi.
7. Sharma, J. P., Sharma. N.K. & Yadav, N.S. 2005. Comprehensive Environmental Studies, Laxmi Publications, New Delhi.
8. Sharma, P. D. 2009. Ecology and Environment, Rastogi Publications, Meerut.
9. State of India's Environment 2018 by Centre for Sciences and Environment, New Delhi
10. Subramanian, V. 2002. A Text Book in Environmental Sciences, Narosa Publishing House, New Delhi.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – V)

**1. Theoretical & Practical Aspects of Theatre and Stage Craft
(THEORY)**

Time Allowed: 3 Hrs.

50 Marks

Instructions for Paper Setters:

Section A: 7 Very short answer type questions should be set out of which 5 have to be attempted of 6 marks each. (5x6= 30)

Section B: 3 long answer type questions should be set out of which 2 have to be attempted of 10 marks each. (10x2=20)

Unit-I

Origin of Theatre
Evolution of Theatre
Introduction to the Natya Shastra in context to Theatre

Unit-II

Drama Structure and Performances
Study of Costumes & Make-ups on different themes
Role of Voice Modulation

(PRACTICAL)

50 Marks

Warming up for a Theatrical Activity
Breathing and Relaxation Exercises
Training Body
Voice Modulation
Practical Approach to make-ups on different themes

Suggested Readings:

1. Natya Shastra– Bharat Muni
2. The History of Indian Theatre–M.L. Varad Pande
3. Rang Bhavan – S.C. Sharma
4. On the Art of Theatre –Gordan Chraig
5. Bhartiya Natya Shastra aur Rangmanch – Prof. Mohan Vallabh Pant
6. The Indian Theatre – Mulak Raj Anand

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – V)

2. Yoga through Dance (Practical)

Practical: 50 Marks

Role of Music & Dance in Yoga

The Sixty-four Yogini Asanas

Yoga & the Anatomy of the Human Body

Role of Meditation Illustrations in Dance

BodyFlexibility through Yoga Demonstration

Pranayamas Demonstration

Exclusive Excercises for Dance & Fitness

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – V)

3. Theoretical Survey of Sufi Dancing Forms (Theory)

Time Allowed: 3 Hrs.

50 Marks

Instructions for Paper Setters:

Section A: 7 Very short answer type questions should be set out of which 5 have to be attempted of 6 marks each. (5x6= 30)

Section B: 3 long answer type questions should be set out of which 2 have to be attempted of 10 marks each. (10x2=20)

Introduction to Hazrat Inayat Khan, Poet, Mystic, Musician.
Reflections on Dance by Hazrat Pir-o- Murshid Inayat Khan.
Sufi Dance as Healing Therapy
Sufi Dances Performaces in Film Music Demonstration

Practical Approach to Sufi Dancing Forms (Practical)

50 Marks

Introduction to Hazrat Inayat Khan, Poet, Mystic, Musician.
Reflections on Dance by Hazrat Pir-o- Murshid Inayat Khan.
Sufi Dance as Healing Therapy

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – V)

4. Advance Study of Contemporary Dances

Viva Voce: 50 Marks

Viva Covering following Topics:-

1. Theatre & Stage Craft
2. Yoga, Music & Dance – Depicting Inter-relation
3. Sufi Dancing Forms
4. Role of Dance in Personality Development

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – V)

5. Dance Fusion – An Inter Relationship Study (Theory)

Time Allowed: 3 Hrs.

50 Marks

Instructions for Paper Setters:

Section A: 7 Very short answer type questions should be set out of which 5 have to be attempted of 6 marks each. (5x6= 30)

Section B: 3 long answer type questions should be set out of which 2 have to be attempted of 10 marks each. (10x2=20)

1. Fusion of Dance on various Themes
2. Inter Relationship Study:-
 - 2.1 Salsa with Classical
 - 2.2 Jazz with hip hop
 - 2.3 Sufism with Contemporary
 - 2.4 Yoga with Zumba

Practical Approach to Dance Fusion (Practical)

50 Marks

1. Fusion of Dance on various themes to be Performed
2. Depiction as well as Performance of Inter Relation of :-
 - 2.1 Salsa with Classical
 - 2.2 Jazz with hip hop
 - 2.3 Sufism with Contemporary
 - 2.4 Yoga with Zumba

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – VI)

1. Role of Theatre & Yoga in Dance (Theory)

Time Allowed: 3 Hrs.

50 Marks

Instructions for Paper Setters:

Section A: 7 Very short answer type questions should be set out of which 5 have to be attempted of 6 marks each. (5x6= 30)

Section B: 3 long answer type questions should be set out of which 2 have to be attempted of 10 marks each. (10x2=20)

Unit–I

Stage Setting Management & Decoration of Sets
Stage Properties
Back Stage Management & Stage Safety

Unit–II

Light & Sound Arrangement
Gymnastic Exercises for Dance
Yoga Rhythm & Mudras used in Dance
Role of Dhyana used in Dance

Practical Approach to Theatre and Stage Craft (Practical)

50 Marks

Types of Sets
Managing Props & Stage Properties
Importance of Blocking
Light & Sound Arrangement & Demosntrations.

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – VI)

2. Portfolio Development (Viva Voce)

Viva Voce: 50 Marks

Introduction to Portfolio Development

Preparing Resume / Brochure

Recording of Performances

Making and Presentation of a Show Reel

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – VI)

3. Theoretical Study of Raqs Sharqi (Theory)

Time Allowed: 3 Hrs.

50 Marks

Instructions for Paper Setters:

Section A: 7 Very short answer type questions should be set out of which 5 have to be attempted of 6 marks each. (5x6= 30)

Section B: 3 long answer type questions should be set out of which 2 have to be attempted of 10 marks each. (10x2=20)

Unit-I

Introduction & History of Raqs Shariqi
Evolution of Bellydance
Rhythmic Structures For Belly dance
Techniques & Movements

Unit-II

Study of Costume in Egypt, Lebanon & Turkey
Study of Tribal Costumes
Health and Belly Dancing
Belly dancing In Popular Culture

**Practical Demonstration of Raqs Sharqi
(Practical)**

50 Marks

Rhythmic Structures For Belly dance
Techniques & Movements
Costumes for the Performance

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – VI)

4. History of Indian Ballet Dance (Theory)

Time Allowed: 3 Hrs.

50 Marks

Instructions for Paper Setters:

Section A: 7 Very short answer type questions should be set out of which 5 have to be attempted of 6 marks each. (5x6= 30)

Section B: 3 long answer type questions should be set out of which 2 have to be attempted of 10 marks each. (10x2=20)

Unit-1

Origin and Development of Western Ballet
Ballet in various Cultures
Different Ballets of Pt. Uday Shankar – Survey & Study

Unit-2

Origin and Development of Traditional Indian Ballet Dance – Historical Study
Indigenous Ballets with Illustration
Modern Ballets with Illustration

BACHELOR OF VOCATION (B.Voc.)
CONTEMPORARY FORMS OF DANCE (SEMESTER – VI)

5. Stage Performance (Contemporary Dances)

(Practical)

100 Marks

1. Presentation by the students on the given Contemporary Form of Dance
2. Demonstrating all the Syllabus covered in Previous Semester i.e. I to V
3. Yoga Asanas Relating to Dance
4. Make-ups, Costumes used for Different contemporary dances.